

# SHINE DRESS CODE

## 2017 - 2018

During all SHINE sponsored events, held at any venue, parents and students **will dress modestly, reflecting Godly character.**

*There are a couple of things that our dress code is designed to accomplish. One is to help set guidelines that reflect modesty. As many of our girls spend most their time in jeans they can be unaware of how to move properly in other garments. Boys **do** get uncomfortable with too much thigh or bosom showing. We know that outside of SHINE boys can see most anything, but our SHINE events are meant to be a place where both sexes can have a good time and be safe. Our boys are being taught to respect girls, to control their thoughts and bodies. Most girls have no true idea how they impact boys physically and therefore mentally. Therefore, because we represent a conservative group standard, we do lean to the more modest clothing standards.*

*Another goal of the dress code is to help the kids learn there is a time and place for different types of clothing. Today's society has many that are unaware of when and how to dress appropriately. Many kids do not understand the importance that how they dress impacts interviews, business meetings and even field trips. Our kids need to know that it is expected that hats are off when they enter a building, and especially when we pray and pledge the flag. The kids need to understand that when we interact with professionals we give them the courtesy of being neat and business like. Our formal events are similar to things they might be exposed to in a professional field with specific expectations for the environment. We want them to know how they can have a GREAT time and still be prepared to interact professionally in the future. The world judges them by things like this and SHINE's goal is to assist parents with this goal.*

The guidelines regarding dressing modestly for our group are as follows:

### GENERAL GUIDELINES:

- Please use common sense to make sure clothing is appropriate for the activities you or your students are participating in. Please ensure that what you or your students **wear reflects Godly character.**
- Make sure to check to see how your clothing covers you in active movement before leaving the house...bending, leaning, jumping, etc. may be necessary for participating at a SHINE event.
- Some events may specify additional rules as required by facility or activity.
- **If in doubt, DON'T wear it! :)**
- **This dress code will be enforced!!!!** We would hate to send students home to change and/or have them miss out on an activity because they are not dressed appropriately.
- *As with all SHINE guidelines, the Steering Committee reserves the right to address any issues they deem to be causing a distraction, disruption of activities or not fitting with the overall unity of the group.*

**These guidelines apply to ALL adults and students at ALL SHINE events.**

### BASIC DRESS GUIDELINES:

- No camisole tank tops worn alone. They must be covered by an appropriate shirt. Sleeveless shirts/tank tops with wide straps that cover the shoulder with at least 3 fingers width of material is okay. No strapless shirts, leotards, unitards, bathing suits, or see-through clothing are allowed.
- No cleavage showing in shirts/blouses/dresses from any angle. (Please check in the

mirror/with someone else when bending over as well as standing/sitting/leaning forward/etc...)

- No short shorts. They must be longer than your fingertips when your arms are straight at your sides and you are standing up. Ripped jeans/shorts would also fall into this category. Any rips should be below the fingertips when your arms are straight at your side when standing.
- No short dresses, skirts or skorts. If they are shorter than knee length they should be worn with leggings, shorts or built-in shorts underneath.
- No bare mid-riff.
- No under clothing showing... underwear/ boxers/ bras.
- Nothing that will be overly distracting or interrupt classes /events being conducted.

### **SWIMWEAR GUIDELINES:**

- No underwear showing, especially with swim trunks.
- No cleavage or mid-riff showing. Wear a t-shirt or tank top and shorts to give the modesty needed. (Swim shorts are a good option and sunscreen/swim shirts are as well.)
- No thong style bottoms.

### **SPRING BALL GUIDELINES:**

- All normal SHINE Dress Code guidelines apply (as stated above), plus the added requirements as noted below.
- No theme dressing. The theme chosen for the ball each year is chosen for decorating purposes only.
- The Spring Ball is a semi-formal or Sunday best event. This is the teens chance to really dress up!
- The same rules apply for the teens as well as for the adults attending.
- Young Men:
  - Will wear a shirt and tie with dress slacks.
  - A jacket is not required, but some fashionable gentlemen enjoy wearing one.
  - Dress shoes are encouraged, but not required to attend. Wearing casual shoes is okay.
- Young Ladies:
  - Will wear semi-formal (or Sunday best) dresses that touch the knees for this event. This means the dress must touch the actual knee and NOT be above the knee! The part of the dress touching the knees must be a solid fabric, not just lace or other see-through fabric. Leggings will NOT be allowed to be worn under a dress that is too short to make it meet the dress code, BUT leggings may be worn under an appropriate dress to make the girl more comfortable for dancing.
  - A variety of dresses are acceptable including dresses with sleeves, with straps or strapless. For any dress worn to the Ball, NO cleavage can be showing from any angle. Because of the nature of the event, a lot of dancing and movement, straps usually make the girls more comfortable throughout the event. A great rule of thumb when trying on dresses is to bend forward at the waist. There should be NO cleavage showing, even at this angle. Our dressing should reflect Godly character.
  - Dress shoes are encouraged, but not required to attend. Wearing casual shoes is okay.

- Please make sure that all teens and adults attending the Ball are dressed accordingly. We don't want any parent or teen to miss a minute of the ball by having to go home to change into clothes that are dress code compliant!