

The Salvation Army  
Gateway Citadel Worship and Community Center

**Home School Physical Education  
2023-24 Classes  
Information Sheet  
37th year (Since 1987)**

**Registration for the 2023-24 home school physical education program is now open.** Physical education is a sometimes-overlooked subject in the homeschool family's curriculum. The benefits of physical education classes promote well-rounded children as they begin to incorporate the learning, social skills, and spiritual values that you are teaching them at home. Physical education is not just about sports or games but learning how to develop skills that grow and develop into other abilities, such as learning to work as a team, challenging oneself to improve, or developing leadership skills.

One of the most common comments I hear from families is that physical education is the highlight of their week. Parents also tell me their younger children ask, "Is today P.E. day?" It has always been my desire to make Jesus Christ the center of my life in everything I do. I seek to make Jesus the center of the physical education classes I teach as well, failing sometimes, but God is still faithful. I believe therefore so many families have been blessed by the classes over the years, because God is glorified.

**Important Dates**

P.E classes will **begin Tuesday, September 12 and Thursday, September 14.** The semester will conclude Tuesday, December 12 and Thursday, December 14. There will be no classes the week of November 21-23 for the Thanksgiving Day holiday. Below is a list of days, class times, and fees. The 2024 Spring Semester will begin Tuesday and Thursday, January 9 and 11. Each class lasts one hour and meets once a week.

**Location and Facility**

We are located at 824 Union Road, near I-55 and Bayless Avenue in South County – just minutes from the Metro East, Jefferson County, St. Louis City, and West County. The Salvation Army is blessed with a wonderful facility - a beautiful gymnasium (climate controlled) and an athletic field.

**Classes**

A note to families: The program began in 1987, giving families the opportunity for their kids to participate in a gym class and meet other home school families. Classes are on Tuesdays or Thursdays, which allows flexibility for families. Classes are divided into specific age groups, so students can get to know others their age. The classes are a great value, less than \$6 per class.

**Benefits of these classes are an opportunity for kids to develop friendships and practice good sportsmanship, while still getting physical exercise, developing athletic skills, having fun, and expending energy, all at the same time. And families get a break from the rigors of the home-schooling week.**

**Class Schedules and Fees for the 2023-24  
Fees are for the entire school year.**

<u>DAY</u>	<u>TIME</u>	<u>AGES</u>	<u>One Student - \$175</u>	<u>Early Registration Fees</u>
Tuesday	12:00 pm	5 – 8	<b>Two Students - \$320</b>	<b>(paid by August 15)</b>
	1:00 pm	9 – 12	<b>Three Students - \$450</b>	<b>One Student - \$165</b>
	<u>2:15 pm</u>	<u>13 – 18</u>	<b>Four Students - \$560</b>	<b>Two Students- \$305</b>
Thursday	11:00 am	5 – 8	<b>(\$100 for each additional student)</b>	<b>Three Students - \$430</b>
	12:00 pm	9-12	<b>\$99 per student for a second class.</b>	<b>Four students - \$535</b>
	1:00 pm	13-18		

\*Fees include community center membership and class fees. **Ask about discounts for other programs. Please feel free to split payment into semesters if not paying early registration fees.** As in the past, we are willing to work with families who may need to pay monthly.

If not paying during early registration, fees may be paid the first week of classes. If you wish to mail your fees, please write ATTN. Cort Hubbard (Confidential) on the envelope. **Checks should be made payable to the Salvation Army.**

\*Please complete the attached pre-registration form by e-mail to: [Cort.Hubbard@usc.salvationarmy.org](mailto:Cort.Hubbard@usc.salvationarmy.org). Please include student's name, age, and class preference. If you have questions, please contact Cort at (314) 631-1133 ext. 6126. Registrations may also be mailed to: Attention: Cort Hubbard, (Confidential) Gateway Citadel Salvation Army, 824 Union Road, St. Louis, MO 63123.

Please feel free to copy or forward this information and pass it on to other interested home school families. I look forward to another great year of the Salvation Army Home School Physical education classes!