

Home School Physical Education 2018 Fall Semester Information Sheet

Registration for the 2018 fall semester home school physical education program is now open. Physical education is a sometimes overlooked subject in the homeschool family's curriculum. The benefits of physical education classes promote well-rounded children as they begin to incorporate the learning, social skills, and spiritual values that you are teaching them at home. Physical education is not just about sports or games, but learning how to develop skills that grow and develop into other abilities, such as learning to work as a team, challenging oneself to improve, or developing leadership skills.

One of the most common comments I hear from families is that physical education is the highlight of their week. Parents also tell me their younger children ask, "Is today P.E. day?" It has always been my desire to make Jesus Christ the center of my life in everything I do. I seek to make Jesus the center of the physical education classes I teach as well, failing sometimes, but God is still faithful. I believe this is why so many families have been blessed by the classes over the years, because God is glorified.

The fall semester classes will **begin Tuesday, September 4 and Thursday, September 6.** The semester will conclude Tuesday, December 11 and Thursday, December 13. There will be no classes the week of November 20-22 for the Thanksgiving Day holiday. Below is a list of days, class times, and fees. Each class lasts one hour and meets once a week. As in the past, we are willing to work with families who may need to pay monthly.

A note to families: The Salvation Army home school physical education classes are beginning their 32nd year! The program began in 1987, giving families the opportunity for their kids to participate in a gym class and meet other home school families. Salvation Army Home School Physical Education Program offers ten great benefits for families. We are located at 824 Union Road, near I-55 and Bayless Avenue in South County – just minutes from Columbia, Illinois, Jefferson County, St. Louis City, and West County.

Classes are on Tuesdays or Thursdays, which allows flexibility for families. Classes are divided into specific age groups, so Students can get to know others their age. The Salvation Army is blessed with a wonderful facility - a beautiful gymnasium (climate controlled) and an athletic field. The classes are a great value, with average weekly cost being about \$4 per student.

These classes are an opportunity for kids to develop friendships and practice good sportsmanship, while still getting physical exercise, developing athletic skills, having fun, and expending energy, all at the same time. And they give families a break from the rigors of the home schooling week.

Class Schedules and Fees for the Fall 2018 semester:

<u>DAY</u>	<u>TIME</u>	<u>AGES</u>	<u>FEES*</u>
Tuesday	12:00 pm	5 – 8	one student - \$60
	1:00 pm	9 – 12	two students - \$115
	2:15 pm	13 – 18	three students - \$165 each additional student - \$50
Thursday	11:00 am	5 – 8	
	12:00 pm	9 – 12	
	1:00 pm	13 - 18	

*Fees include community center membership and class fees.

Something new! →→→EARLY REGISTRATION and PAYMENT: If you register and pay by July 15, the cost is \$55 for one student; \$105 for two students; \$150 for three students; and \$45 for each additional student.←←←

Fees may be paid the first week of classes. If you wish to mail your fees, please write ATTN. Cort Hubbard (Confidential) on the envelope.

*Please complete the attached pre-registration form by e-mail to: Cort_Hubbard@usc.salvationarmy.org. Please include student's name, age, and class preference. If you have questions, please contact Cort at (314) 631-0727 ext. 6126. Registrations may also be mailed to: Attention: Cort Hubbard, (Confidential) Gateway Citadel Salvation Army, 824 Union Road, St. Louis, MO 63123.

Please feel free to copy or forward this information and pass it on to other interested home school families. I look forward to another great year of the Salvation Army Home School Physical education classes!