



The Salvation Army
Gateway Citadel Worship and Community Center



Home School Physical Education 2021 Spring Semester Classes Information Sheet

2020 was a challenging year for the home school physical education program, being stopped twice because of the pandemic. What I have learned from these circumstances is that one, God is faithful, and two, I am so blessed for the opportunity to teach these classes, and three, I miss the energy your child(ren) gives me. While 2020 was long, stressful, and painful, I have a greater appreciation of God's calling in my life, and teaching home school P.E. I hope many of you who were in the class in the fall will be able to return. I am also hoping that former and new families will take advantage of the opportunity to register for home school physical education classes.

A note to families: The Salvation Army home school physical education program began in 1987, giving families the opportunity for their kids to participate in a gym class and meet other home school families. The Salvation Army is blessed with a wonderful facility - a beautiful gymnasium (climate controlled) and an athletic field. The classes are taught at 824 Union Road, near I-55 and Bayless Avenue in South County – just minutes from Columbia, Illinois, Jefferson County, St. Louis City, and West County.

Information for the 2021 spring semester home school physical education program is now available. The spring semester classes will **begin Tuesday, January 5 and Thursday, January 7.** Each class lasts one hour and meets once a week. As in the past, we are willing to work with families who may need to pay monthly. Classes are divided into specific age groups, so students can get to know others their age. The classes are a great value, with average weekly cost of less than \$5 per student.

The benefits of physical education classes promote well-rounded children as they begin to incorporate the learning, social skills, and spiritual values that you are teaching them at home through physical education. Physical education is not just about sports or games but learning how to develop skills that grow and develop into other abilities, such as learning to work as a team, challenging oneself to improve, or developing leadership skills.

One of the most common comments I hear from families is that physical education is the highlight of their week. Parents also tell me their younger children ask, "Is today P.E. day?" It has always been my desire to make Jesus Christ the center of my life in everything I do. I seek to make Jesus the center of the physical education classes I teach as well, failing sometimes, but God is still faithful.

These classes are an opportunity for kids to develop friendships and practice good sportsmanship, while still getting physical exercise, developing athletic skills, having fun, and expending energy, all at the same time. And families get a break from the rigors of the home-schooling week.

Class Schedules and Fees for the Spring 2021 semester:

<u>DAY</u>	<u>TIME</u>	<u>AGES</u>	<u>Spring 2021 FEES* (18 Classes)</u>	<u>Fall 2020 Credit/returning students**</u>
Tuesday	12:00 pm	5 – 8	one student - \$85	One Student - \$18
	1:00 pm	9 – 12	two students - \$165	Two Students - \$33
	2:15 pm	13 – 18	three students - \$240 each additional student - \$60	Three Students - \$45 Four Students - \$55 Five Students - \$65 **Fall credit is subtracted from Spring 2021 fees.
Thursday	11:00 am	5 – 8		
	12:00 pm	9 – 12		
	1:00 pm	13 - 18		

*Fees include community center membership and class fees. If a student wants to take classes both days, please add \$45 for the semester. **If your child(ren) was enrolled in the fall semester, their spot in the class is still reserved, just email me and let me know your child(ren) is returning.**

Fees may be paid the first week of classes. If you wish to mail your fees, please write ATTN. Cort Hubbard (Confidential) on the envelope to the address below.

To register for the classes, please send an e-mail to: Cort.Hubbard@usc.salvationarmy.org. Please include student's name, age, and class preference. If you have questions, please contact Cort at (314) 631-1133 ext. 6126. Registrations may also be mailed to: Attention: Cort Hubbard, (Confidential) Gateway Citadel Salvation Army, 824 Union Road, St. Louis, MO 63123.

Please feel free to copy or forward this information and pass it on to other interested home school families. I look forward to another great semester of the Salvation Army Home School Physical education classes!