

The Salvation Army
Gateway Citadel Worship and Community Center

**Home School Physical Education
2023 Spring Semester Classes
Information Sheet**

Celebrating the 36th year of God's faithfulness to Home School P.E.!

A note to families: The Salvation Army home school physical education program began in 1987, giving families the opportunity for their kids to participate in a gym class and meet other home school families. The Salvation Army is blessed with a wonderful facility - a beautiful gymnasium (climate controlled) and an athletic field. The classes are taught at 824 Union Road, near I-55 and Bayless Avenue in South County - just minutes from Columbia, Illinois, Jefferson County, St. Louis City, and West County.

Information for the 2023 spring semester home school physical education program is now available. The spring semester classes will begin **Tuesday, January 3 and Thursday, January 5.** Each class lasts one hour and meets once a week. As in the past, we are willing to work with families who may need to pay monthly. Classes are divided into specific age groups, so students can get to know others their age. The classes are a great value, with the average cost of \$5 per student.

The benefits of physical education classes promote well-rounded children as they incorporate the learning, social skills, and spiritual values that you are teaching them at home through exercise, games, skills development, and sports. Physical education is not just about sports or games but learning how to develop skills that grow and develop into other abilities, such as learning to work as a team, challenging oneself to improve, or developing leadership skills.

One of the most common comments I hear from families is that physical education is the highlight of their week. Parents also tell me their younger children ask, "Is today P.E. day?" It has always been my desire to make Jesus Christ the center of my life in everything I do. I seek to make Jesus the center of the physical education classes I teach as well, failing sometimes, but God is still faithful.

These classes are an opportunity for kids to develop friendships and practice good sportsmanship, while still getting physical exercise, developing athletic skills, having fun, and expending energy, all at the same time. And families get a break from the rigors of the home-schooling week.

Class Schedules and Fees for the Spring 2022 semester:

<u>DAY</u>	<u>TIME</u>	<u>AGES</u>	<u>Spring 2021 FEES* (18 Classes)</u>	<u>The bell ringing discount in \$10 for two hours of ringing or \$30 for four hours of ringing. Please let Cort know if you rang bells during the Christmas season.</u>
Tuesday	12:00 pm	5 - 8	one student - \$90	
	1:00 pm	9 - 12	two students - \$170	
	2:15 pm	13 - 18	three students - \$230	
			each additional student - \$60	
Thursday	11:00 am	5 - 8		
	12:00 pm	9 - 12		
	1:00 pm	13 - 18		

*Fees include community center membership and class fees. If a student wants to take classes both days, please add \$55 for the semester. **If your child(ren) was enrolled in the fall semester, their spot in the class is still reserved, just email me and let me know your child(ren) is returning.**

Fees may be paid the first week of classes. If you wish to mail your fees, please write ATTN: Cort Hubbard (Confidential) on the envelope to the address below.

To register for the classes, please send an e-mail to: Cort.Hubbard@usc.salvationarmy.org. Please include student's name, age, and class preference. If you have questions, please contact Cort at (314) 631-1133 ext. 6126. Registrations may also be mailed to: Attention: Cort Hubbard, (Confidential) Gateway Citadel Salvation Army, 824 Union Road, St. Louis, MO 63123.

Please feel free to copy or forward this information and pass it on to other interested home school families. I look forward to another great semester of the Salvation Army Home School Physical education classes!