

# **12 Reasons Why Your Student Should Join Band**

**#1. It teaches your student commitment and responsibility.**

**#2. Playing an instrument can be very therapeutic.** Playing an instrument makes a great outlet for emotion.

**#3. You do not have to have natural talent to play.** Practice makes perfect!

**#4. You become part of a community.**

Once you play an instrument, you meet at least one person everywhere you go that has also played at one point. You can relate to them instantly. Music can cure social anxiety because musical people are some of the nicest people you will ever meet.

**#5. It's the same in every language.**

You can travel to somewhere distant and foreign, but you're always going to be able to understand music

**#6. It can build your confidence.**

For those who were never all that talented at sports, music can be the perfect thing--it might be your only way to shine!.

**#7. Every musical piece has a story.**

Since people have been performing music for centuries, you can learn a lot from it. Remember, music is an emotional outlet.

**#8. It strengthens your left brain.**

Music is an extremely left-brain oriented ability! It involves creativity, counting, math, and multitasking. It can be very difficult, but also very rewarding. Music makes you smarter!

**#9. It teaches you patience.**

Since it takes time to become good at music and develop a full understanding of it, patience is key

**#10. It teaches you discipline.**

You have to make yourself sit down and practice in order to gain progress. Sometimes, it's going to be difficult because practicing is the last thing you want to do. With time, though, you'll become disciplined enough to just sit down and do it!

**#11. It can separate you from the crowd.**

Being left-brain-oriented is not something that everyone just naturally has. Music is an art form. A lot like painting and drawing, music is a rare talent that should be treasured. But, if you don't have the talent naturally, work hard to practice and work your way up! People find it very interesting!

**#12 Music is one of the most fun and interesting things you'll ever engage in.**

It's unlike anything else! Get out there and join the band (or the guitar class)!

~Adapted from an article written by Juliana Wagner back in 2016, when she was a student at Old Dominion University.

