

## Wellness Policy

**Guiding Arrows Homeschool Co-op is committed to promoting a safe and healthy learning environment by implementing the following guidelines:**

- All children and parents must hand sanitize upon entering the building. After entering, wash hands often as needed with soap and water. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol.
- If you or your child have been exposed to COVID, please self-quarantine for two weeks prior to attending classes, even if you do not currently have symptoms.
- If you or your children have any symptoms of any communicable illness such as nasal congestion, fever (100.4F or higher), cough, vomiting, diarrhea, or rash, we ask that you not attend the group until you have recovered.
- If members/teachers are age 65 or older, or with serious underlying health conditions, we encourage them to talk to their healthcare provider to assess their risk and to determine if they should stay home.
- Masks may be worn if desired by each family.