

SLHN Class Catalog, Spring 2022

This list is a guide and created only to give families interested in joining SLHN an idea of our class offerings.

Ethical Society Classes			
Class	Description	Minimum Age	Maximum Age
Art for Others 1	<p>The Ethical Society has many older members who have been isolated with the pandemic. In this casual and fun class, students will create art and friendly messages to be mailed to elders to help brighten their days. We'll have supplies like markers, crayons, paint and paper available; students and parents are welcome to bring additional materials to help contribute to the stock of supplies.</p> <p>All ages are welcome! Older kids can work with younger ones to help come up with ideas and enhance our sense of community.</p>	03 y/o	18 y/o
Beginning Paragraph Writing	<p>Ages are flexible. If you feel your student is ready, then feel free to register (they should have a general grasp of how to write a sentence although spelling is not an issue!). If your student is a bit older, but could still use practice in this area, that is okay too. We will use strategies from the book Step Up to Writing (Primary level). We'll gear it mostly to what the authors consider a first grade level. This strategy uses graphic organizers and color coding to learn the basic format of paragraphs. We'll talk about main ideas, adding details, and concluding sentences. We'll do a lot of composing very simple paragraphs together and then eventually work on some independently as well. I may send home a small amount of homework some weeks. Please have your student bring a notebook with them to class.</p>	05 y/o	08 y/o
Chess (Beginner/Intermediate/Advanced)	<p>A Chess Grandmaster will teach this class for beginner, intermediate and advanced chess players. They are currently playing chess with Webster University and has experience teaching ages 8+.</p> <p>Cost for this class will be \$60, paid directly to the teacher. Parents will be contacted after registration to process the payment.</p>	08 y/o	18 y/o
Marine Biology 2	<p>This is the second half of a two-semester class that covers 14 lessons. Students who took the first half of this class in Fall 2021 will receive priority placement.</p> <p>This is a K-8 curriculum, but I prefer to keep this class in a tighter age range of 9-13. Material will include vocabulary, poetry, stories, videos, activities, and experiments. There will be light homework, and a final report.</p> <p>Lessons covered this semester: Marine Reptiles, Fish, Sharks, Marine Mammals, Marine Birds & Animal Reports, Ocean Exploration.</p> <p>Each student should have a three-ring binder with tabs that they can use as a science journal and to keep their lessons in. Students will also need pencils/pens and colored pencils/crayons.</p> <p>Masks required. Must follow current Ethical Society requirements.</p>	4th grade	8th grade

Modern Calligraphy for Beginners	<p>Modern Calligraphy for Beginners</p> <p>Health and Safety Guidelines: masks required</p> <p>In this course we will learn the basics of modern copperplate calligraphy. Students will learn how to properly use the tools needed, learn a handful of typefaces, and work on an end of the semester individual project. Students will be asked to do some practice at home between classes.</p> <p>I will distribute nib pen holders, nibs, ink, and sketchpads at the first class. There is a supplies fee of \$12 per student for these items. Students are asked to bring a pencil, ruler, and eraser with them to each class.</p>	7th grade	12th grade
Nursery 1	<p>Nursery room care for our littlest ones while big siblings are in class.</p>	Nursery	04 y/o or Pre-K
Play with Preschool	<p>Come play with us! Join us for music, coloring, and storytime. It will be a fun time socializing together!</p>	Pre-school	Kindergarten
Art for Others 2	<p>The Ethical Society has many older members who have been isolated with the pandemic. In this casual and fun class, students will create art and friendly messages to be mailed to elders to help brighten their days. We'll have supplies like markers, crayons, paint and paper available; students and parents are welcome to bring additional materials to help contribute to the stock of supplies.</p> <p>All ages are welcome! Older kids can work with younger ones to help come up with ideas and enhance our sense of community.</p>	03 y/o	18 y/o
Egyptian Mythology	<p>Join us to learn about Egyptian Mythology while reading the first book in the Kane Chronicles by Rick Riordan, <i>The Red Pyramid</i>.</p>	6th grade	8th grade
Exploring Picture Books through Yoga and Artistic Expression/Play	<p>In this class, each week we'll read a children's book. We'll perform yoga poses based on the book. Then we'll provide an opportunity for play/creation based on the book.</p> <p>The class objectives are to engage in a fun way with children's stories, improve flexibility, strength, and mindfulness through yoga, and provide opportunities for fine motor growth through play and artistic expression all while interacting with teachers and peers.</p> <p>Masks required.</p> <p>We will provide towels for yoga mats (they will be washed prior to every class). You are also welcome to bring your own yoga mat.</p> <p>Parents and siblings are welcome to join. The books and activities will be geared towards a younger/young at heart audience.</p> <p>COVID numbers will be closely watched and class will be moved to an online platform if the need arises.</p> <p>We can't wait for you to join us!</p>	03 y/o	07 y/o

Hands-on Science	This class uses a similar curriculum that I used for Science Detectives, but the lesson structure and experiments will be different this time. The subject matter will be a little younger this time too, more along the line of what kids are exposed to in 1st-3rd grade. Each week, we'll work as scientists to understand parts of our world through discussion, video, and hands-on experiments. I plan on using two resources for this class - a kit from Scholastic SuperScience, the same company that created the mysteries I used last semester, and some Mystery Science.	1st grade	3rd grade
Intro to Improv	Come have fun and explore Improv! You will learn the core fundamentals and principles of improv, focusing on various games and exercises that encourage trust, communication, agreement ("yes and"); active listening, character, status, and making your scene partner look good. No experience needed. Must be respectful of other students, no laughing at or making fun of others. Must be willing to try!	12 y/o	18 y/o
Learn to Crochet	Come learn the basics of crocheting and start on your first project! I will provide worsted weight yarn, you bring the hook. 5mm and 6mm are going to be used most.	06 y/o	18 y/o
Nursery 2	Nursery room care for our littlest ones while big siblings are in class.	Nursery	04 y/o or Pre-K
Open Legend RPG	Join us for a table top RPG (similar to D&D) called Open Legend. No resources will be required but if you have dice, please bring them. Link to rules etc https://openlegendrpg.com/ ***As of now we are planning on hosting this at Ethical so the teens can play in person. However, if there are a lot of other classes for the age group OR Covid numbers don't go down, we will switch to online, dates/time TBD*** Class Name: Open Legend RPG Health and Safety : rules of Ethical apply	13 y/o	18 y/o
Culinary Reactions	We will explore chemistry in the kitchen through Culinary Reactions. Each class we will focus on a different type of reaction - foams, emulsions, gels, suspensions, solutions, acid indicators and more! There may be some take home assignments. Some of our creations will be edible, so please let me know of any food allergies. It is recommended that you purchase a copy of the book as a reference, but not required - Culinary Reactions: The Everyday Chemistry of Cooking, Simon Quellen Field. There is a lot of information in there that will help round out the class if you'd like to use it as part of a credit for science. There are also additional recipes and ideas in it. We are asking a \$10 supply fee because there will be a lot of ingredients needed for the class.	13 y/o	18 y/o

Intro to Italian	<p>We'll learn basic Italian vocabulary such as colors, numbers, family members, foods, etc. using a variety of fun activities geared toward young learners: paired audiobooks/picture books, coloring activities (and written activities for students who write), songs, and more.</p> <p>Masks - required</p> <p>Age range of class: Preschool - 3rd Grade</p>	Pre-School	3rd grade
Nursery 3	Nursery room care for our littlest ones while big siblings are in class.	Nursery	04 y/o or Pre-K
SLHN Podcast (ages 12-18)	<p>Have you ever wanted to be part of a podcast team? Let's learn together how to produce one! I got a fancy microphone for Christmas and have no idea how to use it. We can figure it out and then sit around it and talk about our homeschooling adventures and what it's like to be a homeschooler in today's world – or whatever you want to discuss. Your voice is important and we want to hear from you!</p>	12 y/o	18 y/o
STEM Challenge	<p>Each week we will complete a fun STEM challenge. An example is making a mini marshmallow catapult out of popsicle sticks. Some weeks the project will be individual, while other weeks students will work in small groups. I will provide the materials and parameters and each student will get to use their creativity to reach a solution. Each week students will have multiple attempts at the challenge. Personal growth will be encouraged and it will be emphasized that competition is not the goal. The objectives of all challenges will be to:</p> <ol style="list-style-type: none"> 1) Have fun while putting engineering skills to use. 2) Think critically and problem solve to create the most successful result. 3) Use creativity to solve challenge. 4) Communicate effectively within a group to complete a common goal. <p>Health and Safety Guidelines: Masks required and social distancing will be practiced as much as possible. Hand sanitizer will be available within room. Some weeks may have food items involved, although they will never be for eating, so please let me know if there are any allergies I need to be aware of.</p> <p>Parents are welcome to help students that need support, but limiting extra people within the space is preferred.</p> <p>COVID numbers will be closely watched and class will be moved to an online platform if the need arises.</p>	07 y/o	11 y/o
Very Beginning Writing Through Show & Tell	<p>Age: 4-7</p> <p>Ages are flexible. If your student has begun to write letters, beginning words, and learn letter sounds they are probably ready for this class! Each week the students will have a turn to bring in a couple of items from home to share about themselves ("show and tell"). We will use this experience to do some interactive copy work and learn to construct sentences. Each week we'll also do some phonological awareness activities/games. We'll keep it fun and add in movement breaks to help us focus! We will not be focusing on handwriting (we may talk a little about letter formation as needed). Instead we'll prioritize just getting our thoughts and sounds onto paper, and learning some rules about sentences.</p>	04 y/o	7 y/o

Writing Your Own Play	<p>In this class, we're going to discuss how to write a play from start to finish. There will be quite a bit of writing involved, so come prepared with all your favorite writing tools (pen, notebook, pencil, printer paper, laptop). Together we will learn how to create a captivating story and properly format that story into a script.</p> <p>The age range given can have some wiggle room, so contact me if your child would love this class but is outside of this range.</p>	10 y/o	14 y/o
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Co-op Classes

Class	Description	Minimum Age or Grade	Maximum Age or Grade
A Day at the Movies	<p>A day at the movies</p> <p>Cost: \$5.00 if you're a Marcus member. If you're not, it's free to join. They can decide on which movie they want to watch, possibly take a vote. Each can purchase their own ticket a week before the show date.</p> <p>No class size limit-</p> <p>Student drop off, Unless your teen needs supervision, then parent is encouraged to stay.</p> <p>Time Tbd.</p>	09th grade or 15 y/o	19 y/o
Adulting	<p>Open to new students, we will continue speaking with different adults about their careers, how they got there, and how it is used in everyday life if applicable. I am still working on a lineup for this semester but so far have an ophthalmologist and an architectural designer. I am aiming to have 4-6 speakers.</p> <p>Dates and times will fluctuate as best fits the group and speakers schedules, I usually shoot for weekday evenings as they tend to be open for many.</p> <p>This class will be run on Zoom</p>	14 y/o	18 y/o
Alpaca Farm Field Trip	<p>Come meet the amazing animals at Alpacas of Troy! Farmer Jeff (and some furry friends) will give us a tour of his rustic farm and alpaca fiber workshop. We'll meet and learn about alpacas, pigs, goats, and more. Jeff will teach us about processing alpaca fiber and there will be an opportunity to purchase alpaca wool dryer balls and socks. Jeff is a delightful, knowledgeable host and a true entrepreneur operating several businesses from his farm. Be prepared for mud and slobber! Wear boots and clothes you don't mind getting dirty. There is no public bathroom, but Jeff will let you use the one in his house if there's an emergency.</p> <p>Health and Safety:</p> <ul style="list-style-type: none"> a) Social Distancing is encouraged. b) Hand sanitizer is encouraged. I'll have some to share. c) Masks optional but welcome. The majority of the program (excepting the workshop) will be outside. d) Family members are welcome, but babies/toddlers would have to be in a carrier. e) There will be outdoor allergens and insects. f) There will be mud, loose animals, a pushy alpaca named Gray Boy, big dogs, and farm equipment. Farm is not stroller/wheelchair accessible. <p>Ages:</p> <ul style="list-style-type: none"> a) All b) Parent required to stay. c) the maximum amount includes parents so please register everyone in your family who will be attending <p>Fees: \$5 per person</p>	0 y/o	Adult 20+ y/o

Anatomy & Physiology of the Eye and Ocular Diseases	<p>Class Name: Anatomy & Physiology of the Eye and Ocular Diseases</p> <p>Class Details: Join for this intriguing look at the human eye! For such a small part of our body, it's much more complex than you might imagine! Learn about the anatomy of the eye, common ocular conditions, and how these conditions are treated. We will go through an overview of the eye itself, the types of specializations within eye care (including jobs in the field of Optometry and Ophthalmology), eye conditions including refractive error (what creates the need for glasses), and eye disease treatments. Eye models and visuals will be used during class for hands-on learning!</p> <p>Health and Safety Guidelines: With the risk of COVID spread being minimal in outdoor spaces, this class will be mask optional (depending on class size) but social distance is recommended. However, I would ask that everyone bring a mask in preparation - If community spread is high and/or the class is large and distance cannot be maintained, masks will be required. Thank you for understanding this fluid situation. If community spread is too high for an in-person class this will course will move to an online platform and those plans will be communicated prior to the class.</p> <p>Parents are welcome to stay or drop-off. There is a playground nearby as well as the Butterfly house for siblings who may be too young for the class.</p> <p>Age range of class: Recommended for ages 8 and up. Younger kiddos are welcome to attend based on parental discernment of child's maturity and interest in the topic. **We will be talking about eye conditions including the surgeries that can correct ocular diseases such as Cataract Surgery, LASIK surgery, etc. however I will steer clear of details that might be sensitive.**</p>	08 y/o	18 y/o
Art Labs I + II: Field trips + Art	<p>Art Lab I: Field Trip + Art making at the St. Louis Art Museum</p> <p>We will take a look around the galleries, looking for ways that artists have incorporated observations of nature as subjects for art-making. After exploring a handful of artworks within and on the grounds of the museum, we will cross the street to Art Hill and create our own artwork based on observation of the landscaped gardens at the top of the hill.</p> <p>Art Lab II: Field trip to the Pulitzer + Park-Like</p> <p>We will explore the Pulitzer Arts Foundation, indoor and outdoor artworks and architecture, considering how ideas regarding nature are incorporated into the design of the building's spaces and artworks. We will also visit Park-Like across the street from the Pulitzer, where we will make our own artwork based on observation of Park-Like's native plants and landscape design.</p> <p>Supply fee: \$5</p>	08 y/o	15 y/o

Baking with Friends	<p>This semester we will begin working with sourdough and yeast, with an emphasis on developing and working with gluten (the thing that makes all your chewy baked goods so delicious). Each student will grow their own wild yeast starter. We will make pancakes, flour tortillas, sourdough bread, cinnamon rolls, and more as time and interest allows. The additional times are based on estimated time for doughs to rise and develop; they can be shifted slightly depending on student schedules and availability. On those days students will need to tend to the dough between our first and second meet, only requiring a few seconds of work and on a fairly flexible timeline, but it's something to be aware of. I plan to add more dates later in the semester based on student interest and availability.</p> <p>Required equipment: food scale, rolling pin (could sub glass bottle), cast iron combo (or dutch oven), bench scraper, 8 or 9" round banneton (or bowl lined with clean towel), bread lame, ingredients for recipes, working stove and oven. Stand mixer will make the work easier, but is not necessary.</p> <p>Looking forward to another great semester of baking with you all!</p>	10 y/o	18 y/o
Basic Car Maintenance	<p>Class Name: Basic Car Maintenance</p> <p>The instructor is a car mechanic of over 25 years. He has both training in car maintenance as well as his own small business repairing vehicles. He has been a parent volunteer in the SLHN for over 15 years and a 4-H instructor for 7 years. He will demonstrate some basic maintenance techniques and tips. If there is time there may be some hands-on opportunities for participants who are interested. Participants should feel free to bring any questions they have to class.</p> <p>Health and Safety Guidelines: Social distancing and hand sanitizing are required. Masks are required during portions of the class, such as when participants need to get close to see the engine and when distancing is not possible.</p> <p>This class will be outdoors in the parking lot of the park. The surface is a fairly even pavement. Participants should be prepared to stand for the majority of class, if not all of it. Parents may want to bring camp chairs to sit in the grass area. Students who may need to rest are also welcome to bring a camp chair or blanket to sit on. The playground is accessible from the parking lot, but additional parking, the farm, lake and trail are all downhill from the top lot.</p> <p>Age range of class: 14+</p> <p>Parents may stay.</p>	14 y/o	Adult 20+ y/o
Beginner Basic American Sign Language (ASL)	<p>This is a beginner basic American Sign Language (ASL) class offered to anyone who is interested. I will hold two 45 minute zoom meetings the Wednesday and Friday before Valentine's Day. The link will be e-mailed prior to the date of class. We will cover the following material:</p> <p>Class 1: Brief introductions, learn to sign the alphabet, learn to sign "My name is (and insert finger spelled name)", "What is your name?" and "Nice to meet you".</p> <p>Class 2: Brief review of Class 1, learn to sign numbers 1-10, several colors, family members, yes, no, thank you, please, sorry, and 2 ways to sign "I love you" (just in time for Valentine's Day!), then we'll finish up with any questions.</p> <p>The material will be from Sign Language for Kids by Tara Adams.</p>	02 y/o	17 y/o

Bellefontaine Cemetery Exploration - Focus on St. Louis Women	<p>Let's walk together to see some of the graves of some prominent historical women of St. Louis at Bellefontaine Cemetery.</p> <p>These are the graves I propose seeing. I'll have biographies we can read.</p> <ul style="list-style-type: none"> • Florence Wyman Richardson - activist for women's voting rights in St. Louis • Virginia Minor - activist for women's voting rights • Susan Elizabeth Blow - opened the first successful public Kindergarten in the US • Anna L. Clapp - helped Union soldiers during the Civil War • Florence Hayward - travel writer and member of the organizing committee of the 1904 World's Fair <p>Appropriate cemetery behavior is expected.</p> <p>Health and Safety Guidelines: Please physically distance and wear masks. Hand sanitizer will be available if desired.</p> <p>Family members of enrolled students are welcomed. It is requested that parents of students who did not drive themselves stay. Other siblings are welcomed. Information about parking and getting to the meet-up point will be provided closer to the day. This meet-up will be postponed if the weather is bad, so keep an eye on your email near the date and time. I encourage you to make sure the email address in your family profile is your preferred one for this type of contact. Let me know if you have questions or concerns.</p>	01 y/o	Adult 20+ y/o
BIBS Home Repair Shop Class	<p>BIBS Home Repair will offer a fun learning class for students who enjoy or want to learn more about construction. Last semester this class was well received and most liked the idea of having it be a little longer with a larger project to construct.</p> <p>We would like to offer this class on Fridays for 4 consecutive weeks.</p> <p>This class will be offered in our shop and will be outside and more conducive to being cautious about COVID measures. We will decide closer to the class if this needs to be a masked event or not. We hope masks will not be required due to the fact that we will be outside, but will be a COVID friendly environment.</p> <p>BIBS will also purchase all materials so there is no charge to our students for the class.</p>	09 y/o	18 y/o

Bird Explorers	<p>Class Name: Bird Explorers</p> <p>We will spend most of the class in the bird sanctuary area of the park. From the parking lot off of E. Jackson Rd, there is a paved path leading to the bird sanctuary so I recommend parking in that lot rather than the lot off of Edgar. Upon arriving, we will gather under the small pavilion between that parking lot and tennis courts for a brief chat before walking towards the bird sanctuary together.</p> <p>Health and Safety Guidelines: Social distancing and hand sanitizer encouraged when appropriate. Masks are optional. This is not a drop-off class so please stay with your child. Siblings are welcome. The bird sanctuary has a short trail system with wood chips on the path. There is a small creek with an optional stone path across. It's near an open area that we will use as a "base camp" for our group. The restroom building closest to the bird sanctuary is currently closed.</p> <p>Class Description: This class will teach the basics of bird identification and nature journaling. We will focus on a different bird characteristic each month (size & shape, color pattern, behavior, songs & calls) by browsing a collection of bird books, observing birds in their natural habitat, writing and illustrating field notes, and sharing our findings with friends. I will provide a simple nature journal for each registered participant. Please bring your own favorite writing/drawing utensils and a picnic blanket or something similar to sit on.</p>	06 y/o	14 y/o
Birds of Winter	<p>This field trip focuses on two of our most charismatic winter migrants: the Trumpeter Swan and the Bald Eagle. Students will take a comparative look at the two species' adaptations and also explore their natural histories. Students will have the opportunity to view these birds through scopes and binoculars as we hike around the Sanctuary to get a closer look at both these beautiful species.</p> <p>Masking is currently required indoors at the Audubon Center and Riverlands location, but I will send an update on their policy closer to the class start date. We are also allowed to stay and eat a bagged lunch on location after the class time, but again I will update closer to the class if that changes. I am also asking that parents stay at the class with their children. You are encouraged to bring your own binoculars to use but they will have a few pairs to lend out to the group.</p>	05 y/o	18 y/o
Board Games with Friends Online	<p>Monthly meet-up to play board and card games online. Kids can use Board Game Arena or Tabletopia to play board/card games online. There are a lot of games to choose from, many available at the free membership level.</p> <p>All players will need to set up an account to play online. Any player with a premium (paid) account can invite other players (even if they have free accounts) to premium games.</p> <p>I think discord is going to be the best way for players to chat since they can set up a channel where they can play and chat without distractions if other games are going on..</p> <p>This is probably ideal for the 10-14 crowd, but all are welcome.</p>	10 y/o	14 y/o

Boss Ladies' Biographies	<p>Celebrate the rich history of women throughout history and across all different backgrounds, ethnicities, and careers. In this course, we'll read books, poems, and excerpts, as well as watch video clips. After we experience a variety of biographies, we'll try our hand at writing about some of the boss ladies in our lives as well. Some asynchronous reading, research, and/or writing will occur outside class times, but this can be adapted to each learner's ability, access, and interest.</p> <p>Class Name: Boss Ladies' Biographies</p> <p>Age range of class: 2nd grade - 5th grade</p>	2nd grade	5th grade
Bowling Meet up	<p>Ongoing meetup. The price is normally \$2 for shoes and \$1.50 per game. I will double check closer to time. This is NOT a drop-off event. There is a fantastic snack bar for those interested.</p>	01 y/o	Adult 20+ y/o
Build Your Own Terrarium Ecosystem	<p>In Build Your Own Terrarium Ecosystem, the basics of the water cycle, plant needs, and photosynthesis will be discussed before participants get to create their own terrarium. Participants should bring their own 1/2 to 2.5 gallon glass or clear plastic container. Examples include fish bowls, cookie jars, plastic pretzel jars, 2L or larger soda bottles with the label removed, etc. Substrate, drainage layer, plants, RODI water, and other items will be provided by us. The project is open-ended to suit a wide-range of ages starting at 6 years old with no upper age limit.</p> <p>We'll meet outdoors at a picnic shelter. Masks are required for all attendees. Parents, please stay to help your child out as needed.</p>	06 y/o	Adult 20+ y/o
Community Service Club	<p>Helping others brings our families great joy! It's a wonderful way to feel connected to our great community and helps children to see that there is something they can do to help others. It is a great answer to the, but what can we do thoughts. Also, its a great pandemic survival activity as it helps one to think outside of the challenges in our lives and all that surrounds us. Each month we will focus on a different charitable group and collect donations. We encourage families to work together on each service projects and to consider gathering the items not just from your own household, but from your larger family, neighborhood.</p> <p>We would love for the kids to make choices about the charities we choose to support.</p> <p>As weather and COVID numbers permit, we could plan a volunteer work day.</p> <p>We will meet on Zoom.</p>	Nursery	Adult 20+ y/o

<p>Creating a Simple Bound Book or Notebook</p>	<p>Use a simple sewing technique to bind a small book. Keep the book blank to use as a notebook and decorate the cover. Or fill the book with drawings, a story, poems, dried flowers and leaves, or magazine cut-outs. Please bring your own art, writing, or natural items if you wish to use them. It can be yours or someone else's (for example, cut out and bring a copy of a poem by your favorite author). Or make up a story, poem, or journal entry on the spot – write, or ask an adult to take dictation. A mechanical typewriter will be available if you want to try typing!</p> <p>Please practice masking and handwashing/hand sanitizer. Please practice social distancing as much as possible.</p> <p>Elementary-aged kids (approximately 5-12).</p> <p>Parents please stay – this is not a drop off activity.</p> <p>Siblings are welcome to hang out and play in the yard. We will provide puzzles and lacing/beading toys for younger siblings to play with.</p>	<p>05 y/o</p>	<p>12 y/o</p>
<p>Creek Exploration</p>	<p>Join us at the creek. Families will have the opportunity to wade in the shallow water and observe the array of plant and animal life surrounding us. Please note this is not a formal lesson and the intention is gathering together to reap the benefits of nature immersion, creek play and community building. Please bring a blanket and picnic lunch and any tools that may be useful (shovels, bucket, aquarium, etc). Swim wear and water shoes are recommended. It would also be wise to bring bug spray, hand sanitizer and extra water and clothes. Masks are optional. Siblings are welcome. This is not a drop off event, parents please join us!</p>	<p>01 y/o</p>	<p>09 y/o</p>
<p>Crystal Mining at Haunted Ridge Rocks</p>	<p>Come out to do some crystal mining for druzi quartz! There is no fee to dig, but rocks are \$30 per 5 gallon bucket to take home.</p> <p>This is an outdoor event in the woods & mud. Sturdy boots, long pants, change of clothes, towels, sun hats, sunscreen, bug spray, rain gear, water, camp chairs, etc. recommended. You will need to supply your own bucket, gloves, & digging tools. Porta-potties are on site. I am not aware of any hand washing stations, so bring your preferred method. We are welcome to pack lunches & bring coolers. We can stay for as long as we'd like.</p> <p>Waivers will need to be signed by all attendees. If your student is riding with other participants, I will email a waiver to be signed ahead of time.</p> <p>CASH ONLY.</p> <p>Haunted Ridge Rocks has no rules regarding masking/ social distancing, but for the care of our SLHN community, I would suggest masking while congregating within 6ft of non household members & maintaining social distancing while eating.</p> <p>Thank you all so much!</p>	<p>08 y/o</p>	<p>Adult 20+ y/o</p>
<p>Draw Harry Potter's Hogwarts</p>	<p>Join us as we learn how to draw Harry Potter's Glasses with Hogwarts following with video here: https://www.youtube.com/watch?v=OdYASCBawec</p> <p>Basic drawing supplies needed like paper, pencil, eraser and circular item like cup or tape. This is a great time to talk about your favorite Harry potter books and other books you've read as well.</p>	<p>07 y/o</p>	<p>14 y/o</p>

Eating Smart. Being Healthy	<p>Class Name: Eating Smart. Being Healthy</p> <p>COST: Free, Ingredients provided for each meal at each class</p> <p>DESCRIPTION: 9 week cooking and nutrition class. Discover ways to eat smart and stay healthy during family time. Tutorials & live cooking sessions every class. Make nutritious meals together each class and eat. *adjust the recipes according to your family's dietary preference</p> <p>Health and Safety Guidelines:</p> <p>Masks: Required Temperature check: Required Handwashing/hand sanitizer: Required</p> <p>Presence of family members of the enrolled students: This is a family-oriented program, so parents and children do the class together. At least one child in the family must be 8 years or older. Younger siblings can also attend with their families.</p>	08 y/o	Adult 20+ y/o
Elephant Rocks State Park	<p>Health and Safety Guidelines: Social distancing and masks are encouraged. There are restrooms for handwashing but hand sanitizer is recommended.</p> <p>This event is completely outside so proper clothing and shoes for hiking and exploring the rocks are recommended. This is not a drop off event</p> <p>All ages welcome. All family members are welcome</p>	Nursery	Adult
Endangered Wolf Sanctuary 1	We will be participating in a class at the Endangered Wolf Sanctuary in Eureka. For this 90 minute class we will receive our own tour guide, get 20 minutes classroom/instruction time on the 8 canidids at the sanctuary, a passport booklet with information and fun work for the animals that they get to take home as a souvenir, and a tour of the facility to see all the beautiful animals. This is open to all ages, and if we have 15 kids, it's about \$8.25 each. If we have more interested, the price changes. Please register everyone who will be attending, including adults. Adults will need to pay for this field trip too.	01 y/o	18 y/o
Endangered Wolf Sanctuary field trip 2	We will be participating in a class at the Endangered Wolf Sanctuary in Eureka. For this 90 minute class we will receive our own tour guide, get 20 minutes classroom/instruction time on the 8 canidids at the sanctuary, a passport booklet with information and fun work for the animals that they get to take home as a souvenir, and a tour of the facility to see all the beautiful animals. This is open to all ages, and if we have 15 kids, it's about \$8.25 each. If we have more interested, the price changes. Please register everyone in your family who will be attending, including adults. For this field trip, adults will also have to pay.	01 y/o	Adult 20+ y/o

<p>Exploring Castlewood</p>	<p>Come explore Castlewood State Park! Every time we visit we find something special: a hollow tree, a vine to swing on, or a gorgeous view. In this class, we'll hike several different trails and explore areas of the creek. The hikes will be around 3 miles (1.5 hours) and though some are strenuous in parts, none are too difficult for my 6yo. We'll discuss the plants and animals of Castlewood and search for fossils by the creek. As the weather warms up, we can even splash around in our favorite swimming/wading spot! I think there's value in really getting to know and feel comfortable in natural spaces, so after the first few classes we'll decide as a group which trails we'd like to revisit. Wear appropriate shoes and bring a water bottle, sunscreen, and insect repellent.</p> <p>Health and Safety:</p> <ul style="list-style-type: none"> a) Social Distancing is encouraged. b) Hand sanitizer is encouraged. I'll have some to share. c) Masks optional but welcome. From what I've read, there's little evidence of Covid spread outdoors and hiking in a mask can be unpleasant. However, I'm happy to require masks if the majority of the group prefers. d) Family members are welcome, but some of the hiking can be relatively strenuous so babies/toddlers would have to be in a carrier. e) There will be outdoor allergens and insects. f) There will be mud, rivers, train tracks, and assorted natural dangers. Trails are not stroller/wheelchair accessible. <p>Ages:</p> <ul style="list-style-type: none"> a) Elementary ages preferred. b) Parent required to stay. c) Older siblings welcome, younger if they can handle hiking and be safe on trails. 	<p>06 y/o</p>	<p>11 y/o</p>
<p>Family Camping Trip</p>	<p>Once we see who is interested, we will hold a Zoom meeting to figure out the details. We would like to reserve a group campsite as soon as possible at one of our local state parks. Cost should be minimal when split between families. Please register every member of your family interested in going, including adults. Some campsites have minimum and maximum capacity rules.</p> <p>Vaccination and/or covid testing may be required before the trip. You may be asked to mask when together as a large group, and we ask that everyone respect each other's choices and space. Teachers will email more definite guidelines as the date approaches.</p>	<p>01 y/o</p>	<p>Adult 20+ y/o</p>
<p>Feelings Are For Feeling - Emotional Regulation for Ages 10+</p>	<p>Class Name: Feelings Are For Feeling - Emotional Regulation Age 10+</p> <p>Description: Students will learn mindfulness skills to help them deal with difficult emotions</p> <p>Health and Safety Guidelines: This is outdoors, so risk of Covid transmission is low and masks will be optional where social distancing can be maintained. For the safety of families with vulnerable loved ones, anyone who is eligible and unvaccinated (for reasons outside of a true medical exemption), will be asked to wear a mask.</p> <p>Presence of family members of the enrolled students Siblings welcome to participate or play at the park.</p> <p>Age range of class - This class is meant for older students, but there is flexibility for parents with younger kids.</p> <p>Parents permitted to stay or drop off preferred - Students should be accompanied by an adult.</p>	<p>10 y/o</p>	<p>16 y/o</p>

Feelings Are For Feeling - Emotional Regulation for Ages PreK - 9 years	<p>Class Name: Feelings Are For Feeling - Emotional Regulation PreK-Age 9</p> <p>Description: Students will learn mindfulness skills to help them deal with difficult emotions.</p> <p>Health and Safety Guidelines: This is outdoors, so risk of Covid transmission is low and masks will be optional where social distancing can be maintained. For the safety of families with vulnerable loved ones, anyone who is eligible and unvaccinated (for reasons outside of a true medical exemption) will be asked to wear a mask.</p> <p>Presence of family members of the enrolled students: Siblings welcome to participate or play at the park.</p> <p>Age range of class: This class is meant for younger students, but there is flexibility for parents with older kids.</p> <p>Parents permitted to stay or drop off preferred: Students should be accompanied by an adult.</p>	Pre-Kindergarten	09 y/o
Forest Friends	<p>Forest Friends will meet at various locations. We will gather in an outdoor forested area for a short activity or story followed by unstructured nature play or a short hike/wander/exploration. Children may participate in as much or as little as they'd prefer. Pack a lunch or snack for a picnic and lots of water! Participants are also encouraged to bring hand sanitizer. Activities and books will be geared toward the younger crowd but siblings are welcome. We ask that parents join us. Masks are optional. Restrooms are available on site in most locations though may be a ways from our meet up spot.</p>	01 y/o	09 y/o
Genders & Sexualities Alliance (GSA) Club	<p>GSA clubs, or GSAs for short, are student-run organizations that unite LGBTQ+ and allied youth to build community and organize around issues impacting them in their schools and communities. GSAs have evolved beyond their traditional role to serve as safe spaces for LGBTQ+ youth in middle schools and high schools, and have emerged as vehicles for deep social change related to racial, gender, and educational justice.</p> <p>GSA clubs build power for a growing movement of LGBTQ+ youth of color and actively support youth through training in leadership, organizing, and advocacy for racial and gender justice. They empower trans and queer youth to educate students' schools and communities, organize in coalition with other youth across identity lines, and advocate for just policies that protect all LGBTQ+ youth from harassment and violence. Together, you learn to tackle the issues that impact students in school, build collective power, and ultimately transform educational institutions. Youth-led and youth-planned trainings and events are offered throughout the year.</p> <p>This club will be for anybody who wants to support or advocate for others. There is no expectation of a specific orientation or identity. Anybody can be an ally!</p> <p>Health and Safety: Two steps at the front door and stairs to the basement (or we can meet on the main level). Hand sanitizer will be available. Please wear a mask. No guns or smoking in the house. We do have a cat. Confidentiality is required.</p> <p>Ages: 12-18. Drop-off.</p> <p>Free.</p>	12 y/o	18 y/o
Harlem Renaissance	<p>Come and dive into the wonderful Harlem Renaissance. From music, art, and literature to the sights, sounds, and climate of that time... we will explore it all.</p>	7th grade	12th grade

Healthworks! Museum Field Trip	<p>Join us for a guided field trip at the Healthworks! Museum. This class is for children ages 4-8. The cost is \$5 per person. Fee will be due upon registration (there is a deposit due up front, more details to come on payment options). Parents are welcome to stay or drop off. If you choose to stay, adults are also \$5. Younger siblings are welcome if need be, but we would like to keep the class as small as possible, so if you need to bring younger siblings please let me know ahead of time. Children under 3 are free. This class is indoors and masks will be required.</p> <p>"Calling all fitness agents! A plague of lethargy has overtaken our city, and we need your help! Informants tell us that citizens are tired, hungry, lazy, and grumpy- their health and fitness must be restored! Your mission, should you choose to accept it: Report to HealthWorks! Central Intelligence to uncover clues, break the code. and restore our citizens" vitality. Let the chase begin! This message will self-destruct in 3...2...1...".</p>	04 y/o	08 y/o
History Pockets: The American Revolution	<p>Let's learn about the American Revolution in a fun and crafty way!</p> <p>In this class we will make 7 pockets for each weeks theme that can be bound together to create a book about this time in American History.</p> <p>The curriculum is History Pockets: American Revolution by Evan Moor Publishing.</p> <p>Weekly themes include: Introduction to the Revolution, Causes of War, Famous Patriots, Life of a Soldier, Battles, Spies and Traitors, and Birth of a Nation.</p> <p>This will be a weekly online class via Zoom lasting 8 weeks. During each class there will be a craft, lecture and video relating to the weekly theme. A field trip is in the works to take place during this time frame so we can see how our area was affected during this period.</p> <p>This will not be a drop off activity and safety precautions will be taken in accordance with City/County guidelines; details to follow.</p> <p>This class is geared towards 8-12 year old students but other ages and siblings are welcome.</p> <p>Come and join us to create and learn about the beginning of the United States of America!</p>	3rd grade or 8 years old	6th grade or 12 y/o

<p>Home School Hikers</p>	<p>Health and Safety Guidelines: All hikers must maintain appropriate hiking etiquette. Trash must not be left behind. Hikers are encouraged to bring water and snacks.</p> <p>Social distancing & Masks: Hiking is an outdoor activity that is generally considered safer than many other activities. However, some hikers in our group have weakened immune systems due to personal health history. In an effort to keep all hikers safe, we will continue requiring mask usage for all hikers. It is very difficult for our hikers to maintain 3-6ft distance at all times. We are excited to be together in the woods. We crowd together to look at cool little creatures and end up 6 inches from each other in the blink of an eye. When eating a snack or drinking water, please step away from the group and remove your mask to do so. If you maintain a 6 foot distance from others when hiking, especially for more rigorous trail sections, you can hike with your mask lowered to get better breath control. Please be respectful of these mask requirements but do not hesitate to ask the hike leader for clarification if needs arise.</p> <p>Physical/Environmental Concerns: The hikes will begin and end at the trail heads. Not all trails have proper restrooms. The woods may contain hazards, such as poison ivy and ticks. It is a good idea to spray yourself with bug spray and check for ticks after each hike. Good hiking shoes or sneakers are HIGHLY recommended. The trails chosen for this hiking club are often between 2-4 miles in length and may contain both easy and strenuous trail sections. All Trails is a great resource to learn specifics about a trail. Occasionally, an easier trail is located adjacency to our main hike or there may be a portion of our hike that will suit your hiking experience and needs. Feel free to contact your hike leader to ask, as there may be others interested in hiking an easier trek or partial loop. Trail descriptions and tips are provided in the prehistory emails.</p> <p>Hand-washing/hand sanitizer: Please bring your own hand sanitizer. You will likely want to use it before your kids eat their snack.</p> <p>Presence of family members of the enrolled students: All family members are welcome. Emails about each hike will provide parking information and trail details. At this time, we will ask hikers to RSVP to that month's hike. It is OK if you cannot make it to all of the hikes. Join us when you can!</p> <p>Age range of class: All welcome! This is not a drop-off hike.</p>	<p>01 y/o</p>	<p>Adult 20+ y/o</p>
<p>Introduction to Coral Reefs with Reef Relief (ages 4-8)</p>	<p>Online. Free.</p> <p>Coral Reefs are home to 25% of all marine organisms. They provide a habitat, food source, shoreline protection and even oxygen. Florida is home to the only living barrier coral reef in North America. Yet, globally, all coral reefs are facing a crisis.</p> <p>In this online program presented by Reef Relief, students ages 4-8 will learn what coral is, why it's important, what's happening to it, and how we can help. Reef Relief offers six other online programs for this age group. If there is interest, we will pursue more classes in the series. Students may want to also register for "Magic House Homeschool Morning," where we will be visiting a special exhibit on ocean science and ecosystems.</p> <p>Reef Relief is a nonprofit organization dedicated to improving and protecting our coral reef ecosystem.</p>	<p>04 y/o</p>	<p>08 y/o</p>

Invitation to Play - Fairy Princess Tea Party	<p>Come join us for a Fairy Princess Tea Party! We'll read a book, do a simple craft, and have a small tea party - feel free to dress up! There is also a playground and walking path available for after the event (or for non-attending siblings during the event).</p> <p>Health and Safety Guidelines: There is enough space to distance while eating, and bathrooms are on site for handwashing. The pavilion and surrounding areas are accessible via paved walkways. Masks are not required while outdoors; currently required in the bathroom facilities. All ages welcome; story and craft will be geared towards the 4-6 age range. I will provide allergen friendly snacks; please inform me of severe food allergies. Parents please stay - this is not a drop-off event.</p>	Nursery	08 y/o or 2nd grade
Invitation to Play - Pirates and Knights Adventure	<p>Come join us for a Pirates and Knights Adventure! We'll read a book, do a simple craft, and have a small snack - feel free to dress up (only foam swords/knives please)! There is also a playground and walking path available for after the event (or for non-attending siblings during the event).</p> <p>Health and Safety Guidelines: There is enough space to distance while eating, and bathrooms are on site for handwashing. The pavilion and surrounding areas are accessible via paved walkways. Masks are not required while outdoors; currently required in the bathroom facilities. All ages welcome; story and craft will be geared towards the 4-6 age range. I will provide allergen friendly snacks; please inform me of severe food allergies. Parents please stay - this is not a drop-off event.</p>	Nursery	08 y/o or 2nd grade
Kids' Drawing Club	<p>Join us on Fridays for a virtual meet-up during which we can draw, talk, and learn new drawing techniques together. Participants are encouraged to use the group as a learning community - to inspire one another, offer helpful advice, and explore new possibilities for your art.</p> <p>This meet-up will be entirely kid-led, with participants establishing group norms as well as the content and flow of the sessions themselves. An adult will be on-hand to provide support as needed. Ages 11+</p> <p>Suggested materials include: colored pencils, mixed-media pad, alcohol-based markers, mechanical/graphite/or charcoal pencils.</p>	11 y/o	18 y/o
Learn to code in Python using a Virtual Robot	<p>Learn to code in Python by controlling a robotic vehicle. This class will be broken into 3 sessions to learn the basics of using the Python programming language to control a Virtual Vex Robotics bot. We will use the Vex Robotics VR Playground to program the bot and Discord for the class discussion. There is nothing needed beyond a computer and an internet connection to use the Vex VR Playground.</p> <p>The first class will focus on some general rules about how to program in Python and will go through a few basic programs to understand how the bot works and what some of the sensors do. We will program the bot to "Crash the Castle" (knock over several towers on the field) and the students will save the program they write on their own computer to use in the next class.</p> <p>In the second & third class we will look at how we can program reactions and learn some new programming techniques to handle them. First we'll navigate a simple maze by programming the bot to react to walls and obstacles. We'll revisit the "Crash the Castle" and the students will try to figure out how they can use the bots sensors to accomplish knocking down all the towers. We'll combine what we've learned and students will try to create a bot that can "Crash the Castle" no matter how the castles are placed.</p>	10 y/o	14 y/o

Learning how to use Snap Circuits	We will meet and use snap circuit boards to learn about how they work with simple steps. After some group instruction, kids can try new designs with the snap circuits. This will be a masked event and weather dependent. We have about 6 snap circuit boards, so they can be shared during the class. We will plan to meet at a park with a covered area for this class.	1st grade	6th grade
Little's Play Group	<p>Intended to allow young ones the chance to get to know each other better, this play group will meet twice a month. We'll have lots of free play and maybe some planned activities at times. The personality of the participants can dictate how it rolls.</p> <p>Health and Safety: Two steps at the front door. Hand sanitizer will be available. Please wear a mask when indoors. No guns or smoking in the house. We do have a cat.</p> <p>Ages: 3-6 or 7. Drop-off or parents and siblings can stay. Free.</p>	03 y/o	07 y/o
Magic House Homeschool Morning	<p>Homeschool families and organizations can enjoy exclusive (to the St. Louis homeschooling community) exploration of exhibit spaces for \$5.00 per person. Each family will be reminded to make their own online reservations. Masks required for ages 5+.</p> <p>Gearing up for our online class "Introduction to Coral Reefs with Reef Relief," (February 23) some of us will be especially eager to check out the Splash and Bubbles exhibit: Dive into the incredible world of ocean exploration in this early childhood STEM-based exhibit, based on the Jim Henson Company and Herschend Entertainment Studios PBS Kids TV series Splash and Bubbles. Join Splash, Bubbles and the Reeftown Rangers to explore marine biology, ocean science and different ocean ecosystems. Learn how even small actions can create a big ripple to help protect our One Big Ocean.</p>	01 y/o	10 y/o
Making Valentines!	<p>Let's make some Valentines together! (Virtually!) I'll demonstrate a simple process art technique that can be adapted for all ages. You can use simple supplies you most likely already have around the house. You can make one Valentine or a hundred. I'll show a few different variations and I'm sure students will be inspired to come up with their own variations to share!</p> <p>Supplies needed:</p> <ul style="list-style-type: none"> -Paper for card base- colored construction paper, cardstock or even plain white printer paper -2 or more interesting papers, such as newspaper, magazines, junk mail, security envelopes, patterned paper, old drawings/scribbles, etc. -pencil, markers and/or colored pencils, at the very least a thin black marker/pen -Scissors and glue (a glue stick would work great) 	01 y/o	Adult 20+ y/o
May Hikes - St. Louis County 30-30 List	<p>Let's follow the St. Louis County Parks' 30/30 Hikes Program. The program lists thirty trails throughout St. Louis County area that the County Parks Department says take about thirty minutes to complete. I am focusing on four of them. Each walk is about two miles long. Go at your own pace, but I am allotting an hour each.</p> <p>The complete list with maps of each hike is available here. All are listed on this sheet, which you can print out and then punch with special hole-punches that are available at the beginning of each trail. When you've done all thirty, you can turn in your list and get a prize. It's a great way to get outside, especially if you're working on the 1,000 Hours Outside program. Trackers to log time outside are available here.</p>	01 y/o	Adult 20+ y/o

Middle School Mondays	A class to help advance reading, writing, thinking and study skills; learning how to analyze, process and communicate information. We will meet via Zoom and we'll use Google classroom for assignments and class discussion. Students should expect 30-60 minutes of homework outside of class each week, including reading and assignments. Our goal is working toward independence and taking personal responsibility for classwork. *This class is continuing from last semester, but we do have room for a few new students.	11 y/o	14 y/o
Mindfulness and Yoga	<p>Mindfulness and Yoga. Come join us as we practice yoga and mindfulness using movement, art, and games. Melissa is a certified kids yoga teacher, and social worker. She is the owner of the only trauma-informed yoga studio for kids in St. Louis. Come explore yoga using games, books, and. lots of fun supplies. We will create take home art and have so much fun! Feel free to bring your own mat or borrow one at the studio. We can't wait to move, create, and explore together!</p> <p>Health and Safety Guidelines: Social distancing not required with mask worn Handwashing/hand sanitizer available for use. Masks required at this time. Family members can drop off their kids and return at the end of class. Only service animals are allowed in the studio. We do not allow smoking in or outside of studio. We also do not use any essential oils without prior notice. There are steps to enter in the front the door of the studio. There is only street parking. If you need a handicap accessible entrance you can enter through the back door where there are no steps to enter.</p> <p>Age range of class 9-12 Drop off is preferred since the waiting area is small, however families are welcome to sit in the waiting room, on the small back patio, or take a walk around the neighborhood even to the neighborhood park with young kids. Older and younger siblings are welcome to hang out but this class will be geared toward kids ages 9-12</p>	09 y/o	12 y/o
Nature Exploration at Towne Park	<p>Come join us for an educational and fun adventure at Towne Park, home to the only Certified Nature Explore Classroom in St. Charles County and one of only a few in the region! This fun outdoor area gives children ages 4-12 the opportunity to participate in nature and history-based activities while exploring the park. Areas include a balance area, dirt-digging area, music and movement area, and nature art area.</p> <p>This ranger-led class will last approximately 60 minutes and be followed by 30 minutes of exploration/play. The session will focus on park history as well as plants and animals native to Missouri, or we can request a more personalized session if there are any special interests of participants (wildflowers, toads/frogs, conservation efforts, etc.).</p> <p>Depending on enrollment, we can split the class into two groups based on ages (4-7 and 8-12) for a more focused session.</p> <p>The intended audience of the class is children ages 4-12, though older children are welcome to participate or otherwise enjoy the 109-acre park. There are trails, a large fishing pond, picnic tables, and scenic rain gardens. Please register all children who plan on participating in the class so we can have a better idea of how to plan for the session.</p> <p>This event will be completely outdoors. Social distancing is encouraged and masks are optional. This is not a drop-off class and a parent/guardian is asked to stay for the event.</p>	04 y/o	12 y/o

Our Forest Neighbors	<p>Who lives in Missouri's forests? Explore the forest ecosystem and learn about the native residents. Students will learn about the unique adaptations of forest animals and how they survive in this special habitat.</p> <p>At this time we are required to wear masks when indoors, and if we will be less than 6ft from each other. I will update all of the guidelines closer to the class date. Parents will have to stay with children for the entirety of the class. We are allowed to stay after the class for lunch and can use any of the facilities located at the park (i.e. trails, playgrounds.....). Also, any child that will be attending needs to be included in the registration. The cost is \$2 per child.</p>	05 y/o	09 y/o
Outdoor Art	<p>Let's create art in the park! I will have various supplies available for you to choose from. This is a great opportunity to get creative and socialize.</p> <p>This art class is geared towards teens and tweens. We will also have plenty of space to socially distance if needed.</p> <p>Please don't wear anything you don't want to get paint on! Parents, please stay.</p>	6th grade	12th grade
Physics and Quantum Mechanics Fun	<p>Explore the wonderful world of Quantum Mechanics and learn more about the incredible life and work of Dr. Deborah Jin, a quantum scientist who used lasers and magnets to cool down atoms and make new states of matter. Through four activities, students will have the opportunity to learn about creating models, the behavior of light, and how the strange world of atoms can be harnessed to create a new type of computer.</p> <p>Materials are in PhysicsQuest kits from the American Physical Society that are ready to pass out! There may be additional supplies needed from your house. Zoom link will be provided before class. Looking forward to learning with you!</p>	10 y/o	14 y/o
Picnic at Suson Park	<p>Please join us for a picnic at Suson Park. We will meet at the playground for picnic and play time. Then we can head over to visit the farm animals. Maybe we will see some babies. Bring quarters to buy feed from the machines. All are welcome and please stay as long as you like.</p>	01 y/o	Adult 20+ y/o
Picture Day for Yearbook #1	<p>Picture Day! The main purpose is to provide portraits for yearbook photos, but you are welcome to use your child's photos for personal use as well.</p> <p>We are offering two dates with different times. We'll set up a sign up for time slots, each slot should only take about 15 minutes. Please arrive early so we can keep the process moving.</p> <p>Location will be outside at a park (TBD) and we will provide alternative dates in case of bad weather.</p>	01 y/o	18 y/o
Picture Day for Yearbook #2	<p>Picture Day! The main purpose is to provide portraits for yearbook photos, but you are welcome to use your child's photos for personal use as well.</p> <p>We are offering two dates with different times. We'll set up a sign up for time slots, each slot should only take about 15 minutes. Please arrive early so we can keep the process moving.</p> <p>Location will be outside at a park (TBD) and we will provide alternative dates in case of bad weather.</p>	01 y/o	18 y/o

<p>Rockin' Jump Meet-up</p>	<p>Let's meet up at Rockin' Jump for their Friday discounted rate homeschool jump time. All ages welcome. Cost is \$11 for the first child and \$8 for siblings. You must complete a waiver for each child when you get there and if you don't already have the rocking jump socks you need to buy them for \$3.50 per pair. You can't use socks from other jump places. You can also complete the waiver online here: https://rockinjumpofallon.centeredgeonline.com/waivers Each child will get a wrist band to show they are signed up for that time slot. Parents please stay, no drop-off.</p> <p>What you need: Fill out a waiver when you arrive and buy or bring rockin jump socks. Parents please stay, no drop-off. You can also complete the waiver online here: https://rockinjumpofallon.centeredgeonline.com/waivers</p> <p>Hope to see you there!</p>	<p>Kindergarten</p>	<p>Adult</p>
<p>Route 66 State Park and Visitor Center</p>	<p>Description from the website - "Travel through history on The Mother Road at Route 66 State Park. Route 66 captured Americans" imagination and exposed millions of citizens to small towns across the country. Sample a slice of that at Route 66 State Park"s visitor center, which has displays showcasing the road. The visitor center is the former Bridgehead Inn, a 1935 roadhouse that sat on the original Route 66. The park"s location, close to metro St. Louis, provides visitors with a quick getaway to nature. More than 40 types of birds have been identified in the park, and picnic sites and trails are sprinkled throughout the park." The visitor center and park free to enter. There is a gift shop in the visitor center.</p> <p>Health and Safety Guidelines: Currently unknown as the Visitor Center is seasonally closed until March. I will update any masking and social distancing guidelines (or if there are none in place for the visitor center) in March. Families are welcome to skip the museum and just hang out at the park if desired.</p> <p>Presence of family members of the enrolled students: all family members welcome</p> <p>Physical barriers: This is a very accessible park, feel free to view accessibility information here: https://mostateparks.com/page/69231/accessibility-information</p> <p>Age range of class: All ages welcomed and encouraged to participate in the park offerings as you (or your children) feel comfortable. We will be checking out the the Visitors Center with a museum and gift shop (this is come and go as you please, nothing is scheduled for the group as it is a small museum), and then hanging out at the playground (with bathrooms). Feel free to bring a snack or picnic lunch to enjoy at the park. We are not leading a hike, but there are hiking and biking trails (many paved) if you wish to explore more of the park on your own afterwards.</p> <p>This is not a drop off event, please plan to stay with your children for the duration of the event.</p>	<p>Nursery</p>	<p>Adult</p>

Service Dog Training and Use 101	<p>Grade/Age: 3rd–12th ; 8 y/o–18 y/o</p> <p>Service Dog Training and Use 101</p> <p>Class Details: Have you ever been curious about Service Dogs? How are they trained and what can they be used for? What's the difference between a Service dog and a Therapy dog? If so, come join us for this overview of Service animals. We will even be joined by a real service dog who is in training for Gluten Detection! (Hoping to also be joined by the local service dog trainer herself!)</p> <p>Health and Safety Guidelines: With the risk of COVID spread being minimal in outdoor spaces, this class will be mask optional (depending on class size) but social distance is recommended. However, I would ask that everyone bring a mask in preparation - If community spread is high and/or the class is large and distance cannot be maintained, masks will be required. Thank you for understanding this fluid situation. If community spread is too high for an in-person class this will course will move to an online platform and those plans will be communicated prior to the class.</p> <p>Parents requested to stay for this class (at least for the younger kiddos).</p> <p>Age range of class: Kindergarten and up - this is taking place at a park so there are trails, etc. for siblings.</p>	05 y/o	18 y/o
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Skate Club	<p>Class Name: Skate Club</p> <p>Health and Safety Guidelines: Bring a water bottle! Sometimes there is a fountain or sink where water bottles can be refilled, but they may be currently turned off due to cold temperatures.</p> <p>Social distancing - Required whenever possible. I understand that sometimes this isn't possible, such as when several skaters' paths intersect or they stop to discuss something. This is why we are also requiring masks.</p> <p>Handwashing/hand sanitizer - Occasionally there are restrooms near the skate parks where hands could be washed, but not usually. I will endeavor to bring hand sanitizer and/or a spray bottle of rubbing alcohol, but if you have any contact allergies that would affect what sanitizer(s) you can use, please bring your own.</p> <p>Masks - Required. We have some major health concerns in many of our families. Mask wearing enables those of us living with medically fragile individuals or with complicated health situations an easy and accessible way to still get out and enjoy one another's company as safely as possible. I do understand that mask wearing in cold weather causes added moisture condensation. Please plan to bring multiple masks if you feel you or your student(s) would need that. I also know that the commercial N95 and KN95 masks are much more breathable and easier to wear when physically active than are cloth masks.</p> <p>Presence of family members of the enrolled students - Family members are welcome to join in the skating or wait on the sidelines. Some locations have tables or benches, but some do not. A folding chair or camp chair would be a great idea to bring along.</p> <p>Environmental (i.e., pets, allergens present, weapons, etc) - Outdoors, so please plan accordingly with regard to your family's allergy situation. Since these spaces are in public, we cannot control all aspects of the environment. With that in mind, know that there may occasionally be unmasked members of the public also utilizing spaces at the same time as us. The earlier meeting time compared to last semester should allow us to avoid virtually all public school student use of these spaces this semester. I will have a very basic first aid kit in my car that can be used if needed.</p> <p>Physical barriers at entrance location (i.e. steps) - Most locations have minimal (1-5 -ish?) steps to access the skating areas. Some do not have any access barriers and can be reached using a wheelchair or other adaptive devices.</p> <p>Age range of class - I have the age range set from 7 years old to adult, but if your kid is comfortable on skates, rollerblades, or skateboard (or even scooter), by all means join us! We've had students use scooters instead and have even seen others occasionally using bicycles but bikes are overall frowned upon in skate parks. This is for the kids to get out and move while also getting some social interaction with friends and whatever mode of skating or scootering your kid prefers is welcome.</p> <p>Parents permitted to stay or drop off preferred - Either is ok with me. I ask that parents who wish to drop off notify me ahead of time to make sure that we have appropriate emergency contact information readily accessible and that students are comfortable being left under my supervision.</p> <p>Other siblings welcome to hang out in area and whether or not there is a place or activity for them - Siblings are welcome to hang out in the area. There is often, but not always, a nearby park or playground where younger siblings could play while older siblings skate or parents could take siblings for a different activity. I am happy to pack some coloring pages or playdough to accommodate younger siblings need for an activity, but most of my attention will be on the skaters.</p>	07 y/o	Adult 20+ y/o
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SLHN Arts and Crafts Fair	<p>Class Name: SLHN Arts and Crafts Fair (middle school)</p> <p>Join our kid-led crafting days and help us put together an art and craft fair at the end of the semester. We will start each session with show and tell time (btw- I have quickly found if you tell a kid "show and tell", they are way less nervous than if you say "give a presentation"!). Two kids present a craft to the group (total time 20-30 minutes) with an example. (Note: a "How To" Sheet has been prepared and emailed to the group ahead of time, so kids will have had the opportunity to try it at home if they wanted.) This brief presentation will provide an example of the craft and tell us things like what materials are required, a summary of the steps for creation, who might like this or how it might be used, an estimate of the cost of creating the craft, and an estimate of the price range if they were to sell it. After both presenters have finished, we will give feedback and discuss what we liked. Some kids might have tried the craft at home that week and can share their experiences. (total time 20-30 minutes) Lastly, kids will volunteer to be the next presenters (10 minutes). For the off-week, kids will independently work on creating items that they would like to feature in the fair and if they signed up to present for the next class, they will prepare for their presentation and submit the "How To" sheet to share with the class.</p> <p>The class will culminate with an art and craft fair where all of the SLHN would be invited to view and purchase items created over the semester. Students will be responsible for providing everything they need for their own craft table (table, chairs, signage, decorations and displaying their products).</p> <p>Kids will not only be exposed to and learn about new and different types of arts and crafts, but there are also be elements of presentation, and entrepreneurship involved in this class.</p> <p>Location: We will start meeting online over zoom. As weather warms and hopefully local covid numbers decrease, I'd like to move to an outdoor pavilion in the park.</p> <p>Cost: There is no charge for participating in this class, but the cost of materials for your student's craft (as well as materials for trying new crafts) should be considered.</p> <p>Health and Safety Guidelines: (when not on zoom)</p> <p>Social distancing is encouraged.</p> <p>Hand sanitizer provided</p> <p>Masks - I expect our in-person meet ups will be outdoors, where we can just mask up when the activities require close proximity to each other. (examples: up-close demonstrations, or sitting side-by-side for a project)</p> <p>Presence of family members of the enrolled students are welcome to attend.</p> <p>Age range of class is focused on middle schoolers</p> <p>Parents are permitted to stay, and oOther siblings welcome to hang out in area and whether or not there is a place or activity for them.</p>	5th grade	8th grade
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Spanish I (ages 12+)	<p>Spanish I (ages 12+)</p> <p>A native Spanish speaker and trained Spanish teacher, will teach this online class for kids. They taught our beginners chess class last semester and is patient and creative. We hope you'll join the fun!</p> <p>Cost: \$50 paid directly to teacher (details to follow)</p> <p>Sibling discount available: \$85 for two siblings.</p>	12 y/o	18 y/o
Spanish I (ages 8-11)	<p>Spanish I (ages 8-11)</p> <p>A native Spanish speaker and trained Spanish teacher, will teach this online class for kids. They taught our beginners chess class last semester and is patient and creative. We hope you'll join the fun!</p> <p>Cost: \$50 paid directly to teacher (details to follow)</p> <p>Sibling discount available: \$85 for two siblings.</p>	08 y/o	11 y/o
Spring Recital	<p>This is a Spring Recital for our young musicians (possibly poets)! I am currently waiting to see if the venue's attached art gallery will also be available. If so, this will be opened up to our artists as well. I want this to be as kid led as possible, so I will be hosting 3 zoom meetings for the kids to discuss and decide on several options for the show.</p> <p>Ages: 18 and under. There is no age minimum, but please keep in mind that this is a recital for young musicians, not a talent show.</p> <p>Costs: Free to participate. Will be in the evening on a weeknight</p> <p>Accessibility: I believe this is accessible for all, however I will double check and update as soon as I know for sure.</p> <p>Covid Guidelines: Guidelines will depend on covid numbers at time of event. Worst case scenario policy will be requiring masks for all, regardless of vaccination status.</p>	05 y/o	18 y/o

<p>Stargazing at Broemmelsiek Park</p>	<p>The St Charles County Parks Department and the Astronomical Society of Eastern Missouri (ASEM) offers educational stargazing programs every Friday night at Broemmelsiek Park. Weather permitting, the public can discover constellations and stars through complex telescopes. A member of the ASEM will provide our group a brief, private introduction to what we will be seeing in the sky that evening prior to the event beginning. We can then stay and use the ASEM's three large telescopes to view the sky. If you have a telescope, feel free to bring it as well. This is a public event, so we will be sharing the large telescopes with the public. Here is a website with more information. https://www.sccmo.org/1915/Astronomy-Viewing-Area</p> <p>Class will start approximately 1 hour prior to sunset. You may leave whenever you wish, but the event officially ends about two hours past sunset. Please note that most people use just their parking lights to navigate out of the parking lot. This helps everyone to keep their "night eyes" with enlarged pupils and see the stars more clearly. This not required but definitely appreciated by all who attend (not just our group). In addition, being aware of this is helpful for maintaining safety.</p> <p>Health and Safety Guidelines: Masks required and social distancing as much as possible required for our group. This is public event, so there most likely will be other people there who may not be masked or social distancing. At the event, you may choose to look into public telescopes, depending on your comfort with that activity. One telescope has several stairs to ascend when using it. The event takes place on grassy terrain at night. It is very dark as lighting is minimal to provide best star viewing experience.</p> <p>All ages welcome!</p>	<p>01 y/o</p>	<p>18 y/o</p>
<p>Sugar Igloo Building STEM</p>	<p>We will consider STEM concepts to build a sugar igloo.</p> <p>Supplies needed - 1 box of sugar cubes, 1 bottle of white glue, flat surface to glue base (cardbord would be great).</p> <p>Optional supplies at end - paint or decoration for your igloo.</p> <p>This class will meet on Zoom.</p>	<p>1st grade</p>	<p>6th grade</p>
<p>Teas of the Boston Tea Party</p>	<p>Have you ever wondered what kind of tea was thrown overboard during the Boston Tea Party? We will talk about events leading up to that night, discuss what teas were destroyed, and sample some of these historic teas!</p> <p>Ages: Open to all ages and families!</p> <p>There is a supply fee of \$2 per student to help with the cost of the tea.</p>	<p>01 y/o</p>	<p>Adult 20+ y/o</p>

Teen Camping Trip	<p>Anyone interested in participating in a teen weekend camping trip is welcome to sign up for this class. We will discuss ideas as a group and book our group tent camping site asap. The teens will handle most of the planning, equipment list, cooking, etc.</p> <p>This will be for teens only and will include an appropriate number of chaperones based on how many students are going.</p> <p>Camping fees will be determined by the number going, but should be quite reasonable.</p> <p>Proof of a negative covid test prior to the camping trip may be required. You may be asked to mask when together as a large group, and we ask that everyone respect each other's choices and space. Teachers will email more definite guidelines as the date approaches.</p>	13 y/o	18 y/o
Teen Game Night	<p>We look forward to seeing your faces in our basement around our pool table, air hockey table and foosball table! Please come! We've also set up an old stereo so our DJ will entertain you with tracks, if you're lucky. Or, we've added a projector and you kids can watch a movie -- because we all know how easy it is for ten teens to agree on a movie!</p> <p>Health and Safety: Two steps at the front door and stairs to the basement. Hand sanitizer will be available. Please wear a mask and be vaxxed. No guns or smoking in the house. We do have a cat. Public-schooled teen sister will also probably be present.</p> <p>Ages: 13-18. Drop-off. Free.</p>	13 y/o	18 y/o
Teen Night #1 - #8	<p>Please join us for a fun, casual hangout. These are listed as separate but identical events. We will be outside as much as weather permits but some time may be in our finished basement. I will send an email the week of the event with details on inside vs. outside for that week and any other adjustments to our COVID precautions. If needed, hangout will be moved to Zoom. Outside we have a firepit in our yard and a nice park a short walk away. Inside we have Super Nintendo, Nintendo Switch, bumper pool, and pinball plus loads of board games and a classroom full of art supplies. Feel free to bring your own favorite activity.</p> <p>We will provide a "main course" (usually pizza) and some beverages. Please bring a snack to share.</p> <p>Health and Safety Guidelines: Social distancing Not required when masked Handwashing/hand sanitizer Available in multiple locations inside and outside of home Masks Please wear whenever not eating/drinking. Exceptions are made for active games such as tag. Presence of family members of the enrolled students. One if not both parents will be present and loosely supervising.</p> <p>Environmental (i.e., pets, allergens present, weapons, etc) We have 2 cats and 2 dogs. All are friendly but can be contained away from guests if given advance notice. There are no firearms on the property.</p> <p>Age range of class 12-18. Drop-off required. No siblings, please</p>	12 y/o	18 y/o

Teen Retreat	Located at a nearby residential camp, this will be an opportunity for teens to hang out together and spend their time playing board/card games, listening to/playing music, chatting, snacking, making a campfire, going on walks, and maybe even doing a team-building course or other special venue-hosted activity (like a night hike). Facilities will be a cabin with cots/bunk beds. Simple, vegetarian meals will be provided. Cost will depend on how many teens register, but the goal is about \$100 per teen. The retreat will be on a Friday - Sunday. Covid precautions will be determined as we get closer to the date. We hope you'll come!	13 y/o	18 y/o
The Writers Collective	This group is for writers of all kinds to share inspiration, bounce ideas off one another, and gain feedback from other writers when wanted. All types of writing; whether comics, short stories, novels, or news articles; are welcome here. This will be a safe space to share (or not share) as much as you feel comfortable with at any given time. Use this time to pursue personal writing goals, or even to work on writing assignments from other classes in a supportive group environment. We will start the semester on Zoom, but will hopefully transition to outdoor in-person (masked and distanced) later in the semester as soon as covid numbers and temperature allow. This is a cooperative student-based writing club; adult presence will be limited to tech/setup/admin needs only.	10 y/o	15 y/o
Theater and Democracy in Ancient Greece	Intro to Ancient Greek comedies and tragedies. Architecture of the theaters. Theatrical mask making and theatrical play at the end of each class. Parents are welcome to stay. Since the event is outdoors with plenty of room to spread out, masks are not required.	05 y/o	18 y/o
Track Club	This will be a casual, no-pressure running opportunity for kids and parents. The focus will be on having fun and burning off a little steam with friends. Walking is totally allowed! Park offers a nice running surface with visibility of the entire track and field. There's a playground nearby if your non-runners want to take advantage of it. Accessibility: Short, paved trail from parking lot to track. No thresholds. Health and safety: Masks are not required. All ages	01 y/o	18 y/o
Video Creation	In this class, students can create any kind of videos they like. We'll work on skills to improve our videos, such as video editing, composition, lighting, adding text, adding voiceover, and overcoming any obstacles we encounter along the way. This class will be highly collaborative, and we'll figure things out as we go. Students will need some kind of device for recording video (smart phone, tablet, etc) and some way to edit video. There won't be a specific editing program required, but if I find a good free one I will share that. Class time will be spent demonstrating/discussing concepts, sharing videos and troubleshooting. Students will need to spend time (I would guess at least one hour per week?) outside of class working on their videos.	12 y/o	18 y/o

Wheels of Fun	Join us at a park. There is a playground area, many trails to explore and a huge parking lot that is usually empty and is perfect for riding your bikes/trikes/scooters/roller skates, etc... Bring a snack or lunch if you want, and come enjoy the sunshine. All ages welcome!	01 y/o	18 y/o
Zoo Fun	<p>Class Name: Teen fun at the Zoo!</p> <p>Mask: Your choice Age range: 13 to 19</p> <p>Parents are welcomed. It is up to the parents' judgment to stay. If parents choose not to stay, I do not accept responsibility for your child. Must reserve ticket for zoo the week prior online for free. Can bring a lunch or buy there.</p>	13 y/o	19 y/o