

C.H.O.I.C.E. Cooperative, Spring 2019

“Shout with joy to God, all the earth! Sing the glory of His name; make His praise glorious!
Come and listen, all you who fear God; let me tell you what He has done for me.” Psalm 66:1-2, 16

Mission Statement: C.H.O.I.C.E. (Christian Homes Organized in Cooperative Engagement) is a Christ-centered, faith-based cooperative among a group of parents which provides their children with enrichment meetings led by mentors. All enrichment meetings will reflect a Christian perspective that honor our Lord Jesus and support our Statement of Faith. C.H.O.I.C.E. offers opportunities for fellowship and growing in faith among the participating families and mentors. C.H.O.I.C.E. exists to bring honor and glory to our Heavenly Father and for the building and strengthening of His Kingdom.

Statement of Faith: We believe the Bible to be the inspired, the only infallible, authoritative Word of God revealing the love of God to the world. 1 Thessalonians 2:13; 2 Timothy 3:15-17; John 3:16

We believe that there is one God, eternally existent in three persons: Father, Son, and Holy Spirit. Matthew 28:19; John 10:30; Ephesians 4:4-6

We believe in the deity of the Lord Jesus Christ, in His virgin birth, in His sinless life, in His miracles, in His vicarious and atoning death through His shed blood on the cross, in His bodily resurrection, in His ascension to the right hand of the Father, and in His personal return in power and glory. Matthew 1:23; John 1:1-4 and 1:29; Acts 1:11 and 2:22-24; Romans 8:34; 1 Corinthians 15:3-4; 2 Corinthians 5:21; Philippians 2:5-11; Hebrews 1:1-4 and 4:15

We believe that all men everywhere are lost and face the judgment of God, that Jesus Christ is the only way of salvation, and that for the salvation of lost and sinful man, repentance of sin and faith in Jesus Christ results in regeneration by the Holy Spirit. Furthermore, we believe that God will reward the righteous with eternal life in heaven, and that He will banish the unrighteous to everlasting punishment in hell. Luke 24:46-47; John 14:6; Acts 4:12; Romans 3:23; 2 Corinthians 5:10-11; Ephesians 1:7 and 2:89; Titus 3:4-7.

We believe in the present ministry of the Holy Spirit, whose indwelling enables the Christian to live a godly life. John 3:5-8; Acts 1:8 and 4:31; Romans 8:9; 1 Corinthians 2:14; Galatians 5:16-18; Ephesians 6:12; Colossians 2:6-10

We believe in the resurrection of both the saved and the lost; the saved unto the resurrection of eternal life and the lost unto the resurrection of damnation and eternal punishment. 1 Corinthians 15:51-57; Revelation 20:11-15

We believe in the spiritual unity of believers in the Lord Jesus Christ and that all true believers are members of His body, the church. 1 Corinthians 12:12, 27; Ephesians 1:22-23 We believe that the ministry of evangelism (sharing and proclaiming the message of salvation only possible by grace through faith in Jesus Christ) and discipleship (helping followers of Christ grow up into maturity in Christ) is a responsibility of all followers of Jesus Christ. Matthew 28:18-20; Acts 1:8; Romans 10:9-15; 1 Peter 3:15

We believe God's plan for human sexuality is to be expressed only within the context of marriage, that God created man and woman as unique biological persons made to complete each other. God instituted monogamous marriage between male and female as the foundation of the family and the basic structure of human society. For this reason, we believe that marriage is exclusively the union of one genetic male and one genetic female. Genesis 2:24; Matthew 19:5-6; Mark 10:69; Romans 1:26-27; 1 Corinthians 6:9

We believe that we must dedicate ourselves to prayer, to the service of our Lord, to His authority over our lives, and to the ministry of evangelism. Matthew 9:35-38, 22:37-39, and 28:18-20; Acts 1:8; Romans 10:9-15 and 12:20-21; Galatians 6:10; Colossians 2:6-10; 1 Peter 3:15

We believe that human life is sacred from conception to its natural end; and that we must have concern for the physical and spiritual needs of our fellowmen. Psalm 139:13; Isaiah 49:1; Jeremiah 1:5; Matthew 22:37-39; Romans 12:20-21; Galatians 6:10

CHOICE's Disciplinary Policy:

First Offense: An oral warning will be given by the mentor. The mentor will discuss the matter with the parent. Mentor will provide documentation to a coordinator.

Second Offense: The child will sit out the remainder of that class. A coordinator will be notified in writing by the mentor the same day of the offense. The child's parent will be required to sit with the child for the entirety of the class the following week.

Third Offense: The child will sit out the rest of the class. A coordinator will be notified in writing and will schedule a meeting with the child, parent, mentor, and coordinator(s) to discuss the situation and establish a plan of action.

Continued behavior issues or extraordinarily serious issues could result in the dismissal from CHOICE Co-op.

CHOICE Co-op reserves the right to immediately dismiss a child and/or family from the Co-op without resort to this disciplinary policy if the safety of other Co-op members is threatened.

2019 Spring Session Enrollment

C.H.O.I.C.E. CO-OP Spring registrations will be held in person this session at Gateway Baptist Church (7564 W. State Route 66 – Newburgh, IN 47630) on the following date:

Monday, February 4, 2019 (one day only)

8:00 A.M. – 12:00 P.M. (Noon) - Current Member Registration

Please park in the West parking lot and enter the building thru the doors under the awning with the three crosses. There will be a CHOICE sign on the door. Everything will take place in the CHOICE Fellowship Room. When you arrive, you will sign-in and be called when it is your turn to register. *This 4 hours is ONLY for those who were part of C.H.O.I.C.E. co-op during the Fall 2018 Session

12:00 P.M. - 3 P.M. - Open Registration

Please park in the West parking lot and enter the building thru the doors under the awning with the three crosses. There will be a CHOICE sign on the door. Everything will take place in the CHOICE Fellowship Room. When you arrive, you will sign-in and will be called when it is your turn to register. *Registration open to ALL people.

We ask that much respect be shown in the church. There is to be no running/loud play/etc. If one needs to step out of the Fellowship Room while waiting your turn to register, please let the CHOICE sign-in person know that you are stepping out into the foyer. No children are to be left unattended.

PLEASE NOTE:

- No registrations will be taken by email nor phone.
- No registrations will be taken after Monday, February 4, 2019.
- If you drop any class(s) for any reason after Monday, February 4, 2019, full payment is still due to the mentor(s) on the first day of classes.
- Some class supply fees are due at registration (see class description for details) -cash only, exact change. The remainder of class fees are due in full on the first day of C.H.O.I.C.E., Monday, February 18, 2019.
- Payments will be made directly to the mentor before each class on the first day and should be **CASH ONLY (EXACT CHANGE, PLEASE)**.

FEES:

- A Non-Refundable fee of \$30.00 to Gateway Baptist Church is due at time of registration. Please pay in cash or make checks payable to 'Gateway Baptist Church'. This fee has been implemented by Gateway Baptist Church of Newburgh for the generous use of their facilities. This is a non-refundable fee. If you choose to cancel or change classes after February 4th, the registration deadline, the fee will be forfeited.
- \$7.00 Supplies Fee per family is due at registration (cash only, exact change please). This fee is to help cover paper / ink and other costs for the Fall session and for the end-of-the-session program.
- \$7.00 Insurance Fee per family is due at registration for any family that did not pay this in the fall 2018 session (cash only, exact change please)

CLASS DROP POLICY: If you drop any class(s) after the registration dates, full payment is still due to the mentor(s) on the first day of classes. For example, if you register for Stage Skills at registration and decide to drop the class after registration ends, full payment is still due to the Stage Skills mentor on the first day of classes even though you do not plan on taking the class. **WHEN REGISTERING, YOU TAKE A SPOT FROM ANOTHER PARTICIPANT, AND THUS COST THE MENTOR HIS FEE. FOR THIS REASON, PLEASE BE CERTAIN WHEN REGISTERING FOR CLASSES THAT YOU WILL TAKE THE CLASS(ES).**

2019 Spring Session Information

Twelve weeks*, on Mondays, Beginning Monday, February 18, 2019 thru Monday, May 13, 2019.
End-of-the-Session Program/Reception: Monday, May 20, 2019, at 6:30 p.m.

*Although we will do our best to hold all 12 meetings per session, one or more meetings could possibly be cancelled due to inclement weather or other causes beyond our control.

*Monday, March 25, 2019 is Spring Break (Possible Snow Make – Up Day)

Meetings: C.H.O.I.C.E. meets Mondays at Gateway Baptist Church (7564 W. State Route 66 – Newburgh, IN 47630). All meetings are for 12 weeks per session, unless specified otherwise. Below, you will find a variety of choices available for the 2019 Spring session. Costs are set by the individual mentor. Some meetings may be deleted if there is not sufficient enrollment. Individual mentors have final say on meeting divisions, if any, and enrollment numbers.

Age Range: 3 years old – 12th grade

Meeting Times: Mondays 9:00 am – 4:15 pm

Parental Guidelines:

For liability purposes, parents are required to stay on the church premises at all times while their children are attending class. Parents are solely responsible for getting their children to and from classes and while they are not in class. It is of the utmost importance that children and adults are quiet and on their best behavior at all times, as we are guests of Gateway Baptist. CHOICE's Fellowship Room (Room #103) will be open for fellowship. Please note, children must remain in the room and cannot be running / playing in the hallways. Room #113 is also available for parents and toddlers. This room has a changing table and access to the playground. CHOICE's Quiet Room (Room #115) will be available and reserved for sleeping/nursing babies, studying, testing, etc.

Parents are not required to help specifically with classes but are asked to participate in a few light duties (such as lunchtime set-up/cleanup, sign-in table / door monitor, etc.). Please remember this is a co-op. We do need your help. Parents are encouraged to sign up for a weekly "chore". A list of ways you can help will be available during registration and on the first day of classes.

C.H.O.I.C.E. will be offering a lunch time (12:00 - 12:25) / open gym time (12:25 - 12:50). Everyone is encouraged to stay for this time. If participating, one needs to bring his own lunch with a CLEAR drink. It is up to parents to supervise their own children at all times. It is VERY important that we leave our eating area clean. The shelter house may be used for eating and studying. Please do NOT sit on the tabletops or climb on the tables. Shelter restrooms are not to be used during the winter months. These rooms have been winterized.

Absolutely NO children outside without their parents. Children will be asked to go inside if a parent is not present outside watching them. No playing in the parking lot. Children MUST stay in the grassy area behind the church. No playing in the front of the church.

Weapons of any kind are not permitted at C.H.O.I.C.E. Please do not bring guns, knives, or other weapons (including play / toy weapons) to C.H.O.I.C.E.

For any questions, please contact any of us...

Alice Doane - choiceyb@yahoo.com (812) 266-6059

Amanda Horne - ahorne25@yahoo.com (812) 480-1191

Carri Schmitz - mcacschmitz@frontier.com (812) 430-4976

On the following page, you will find the 2019 Spring Schedule. Following the schedule is detailed information about each class offered. You may register for as few or as many classes as you choose. No registrations will be taken after Monday, February 4, 2019. Please note: Class length is 50 minutes unless otherwise noted.**

CHOICE Cooperative 2019 Spring Meeting Schedule

Time	Class	Ages
9:00-9:50	Give A Little Clap** Art: Watercolor Beginning Lyrical Young Men's Bible Sewing: Stuffed Animal (Younger) Performance Coaching & Prep	3 to 6 years old 14 years to 12 th grade 10 to 15 years old 10 years to 12 th grade 7 to 12 years old 9yrs to 12 th grade
10:00-10:50	Basic Automotive Knowledge and Upkeep Sing A Song & Get Along Hands on Math Intermediate Violin PE (Older) Art: Pencil Drawing Tumble Strong Sewing: Beginning Machine (Younger)	10 years to 12 th grade 4 to 8 years old 3yrs to 6 years old See Class Description 7 th to 12 th grade 12 yrs to 12 th grade 6 to 12 years old 6 to 12 years old
11:00-11:50	Apologetics Pre Ballet** Choice Kitchen Café** Earth Science Hands on Science PE (Younger)** Sewing: Beginning Machine (Older) Introduction to Violin Ballet Plus	13 years to 12 th grade 3 to 4 years old 10 years to 12 th grade 10 years to 12 th grade 1 st to 4 th grade 6 years to 6 th grade 13 to 12 th grade 8 years to 12 th grade 7 years to 12 years old
1:00-1:50	Adventures in Reading Art: Basic Art Hot Wheels Speedometry Sewing: Constructive Garment The Greatest Story Ever Told Pom-Pom / Drill Team Music Theory I Guitar: Intro to Guitar Ballet for Beginners	2 nd grade to 5 th grade 10 years to 13 years old 6 to 10 years old 7 to 12 th grade 6 th grade to 12 th grade 10 years to 16 years old 10 years to 12 th grade 10 years to 12 th grade 5 years to 6 years old
2:00-2:50	Bible Guitar: Advanced Guitar Sewing: Stuffed Animals (Older) Jr. Stage 1, 2, 3 ... Create Knitting Hand Bell Choir** Little Women	3 to 6 years 10 years to 12 th grade 13 to 12 th grade 7 years to 11 years old 6 years to 10 years old 10 years to 12 th grade 6 years to 12 years old 5 th to 12 th grade
3:00-3:50	Stage Skills**	10 years to 12 th grade

Class length is 50 minutes unless otherwise noted.**

C.H.O.I.C.E. COOPERATIVE SPRING 2019 CLASS DESCRIPTIONS

1 2 3... CREATE

MENTOR: Alice Doane

AGE: 6 to 10 years old

CLASS TIME: 2:00-2:50

COST: \$45 per participant

MINIMUM: 3 MAXIMUM: 12

Participants will learn beginning drawing techniques as well as get to dive into three dimensional crafts. We will be cutting, gluing, painting, and drawing. Children will need to wear clothes they can get messy or bring a large old shirt to class to wear over their clothes during class.

ADVENTURES IN READING

MENTOR: Carri Schmitz (BS in Elementary Educ./Kindergarten Endorsement)

AGE: 2nd -5th grade (child needs to be a fluent reader)

CLASS TIME: 1:00-1:50

COST: \$50.00 per participant for 12-week session

MINIMUM: 3 MAXIMUM: 12

SUPPLIES NEEDED: *The Sign of the Beaver* chapter book by Elizabeth George Speare - to be brought to class each week beginning on our first day of class – February 18. (This book is a 1700's wilderness survival story that focuses on the relationship between white settlers and Native Americans.)

"There is more treasure in books than in all the pirate's loot on Treasure Island." -Walt Disney

Children will discover great treasure in our reading selection - Newbery Honor Book, *The Sign of the Beaver*.

Reading is comprehending. If no comprehension takes place, one is simply "barking" the words and no "treasure" is being attained. Comprehension is a necessity for an overall positive educational experience.

This class will focus on reading comprehension as children and mentor sit in a group circle and take turns reading aloud *The Sign of the Beaver*.

Much discussion will take place - assuring that each child is truly "reading" the material. Reading with expression, enthusiasm, and fluency will also be emphasized. Words of encouragement will be expected by all children. An end of session writing assignment will be assigned and due on May 13. Completed assignments will be displayed at CHOICE's end of session reception on the evening of May 20. At the conclusion of our 12-week session, hopefully each child will believe the following to be true - "You know you've read a good book when you turn the last page and feel a little as if you have lost a friend." — Paul Sweeney

APOLOGETICS

MENTOR: Sonya Clarke

AGE: 13 years to 12th grade

CLASS TIME: 11:00-11:50

COST: \$25.00 per participant

MINIMUM: 3 MAXIMUM: 12

Apologetics demonstrates that Christianity is true and that we do have something relevant to say to today's culture. In order to take a stand for Jesus Christ and "contend earnestly for the faith" (Jude 3) in a largely secular culture, all of us must "be ready to give a defense (apologetics) to everyone who asks us for a reason for the hope that is in us." (1 Peter 3:15). This class will study worldviews, culture issues, as well as what it entails to be an apologist. Having faith in God, raises a lot of questions. Do you have the answers to those questions? Join us in this class, as we study apologetics and seek to answers those questions/questioners. Books, articles, videos, guest speaker(s), and mostly the Bible, will be used in this class

ART: BASIC ART

MENTOR: Alice Doane

AGE: 10 to 13 yrs old

CLASS TIME: 1:00 – 1:50

COST: \$35.00 per participant

SUPPLY FEE: \$20 due at registration (Supply fee must be in an envelope with the following information written on the envelope: class name, participant name, mentor name, parent name, parent phone number, full payment of supply fee – cash only/exact change)

MINIMUM: 3 MAXIMUM: 15

Middle School participants will learn beginning drawing techniques as well as get to dive into three-dimensional art. Participants will create both fine art pieces as well as more whimsical crafts.

ART: PENCIL DRAWING

MENTOR: James Doane (James Doane has a PhD in Mechanical Engineering and is a former professor at UE. He has studied art through private lessons since he was 5.)

AGE: 12 yrs to 12th grade

CLASS TIME: 10:00 – 10:50

COST: \$40 per participant

SUPPLY FEE: \$20 due at registration (Supply fee must be in an envelope with the following information written on the envelope: class name, participant name, mentor name, parent name, parent phone number, full payment of supply fee – cash only/exact change)

MINIMUM: 3 MAXIMUM: 15

In this session, participants will learn how to sketch, detail, and finish pencil drawings. Fine art pieces will be completed for display at the end of the session program. Participants will receive supplies that they will need to bring to class each week. (an eraser and pencil sharpener would also be helpful to bring)

ART: WATERCOLOR

MENTOR: Alice Doane

AGE: 14 yrs to 12th grade

CLASS TIME: 9:00 – 9:50

COST: \$35.00 per participant

SUPPLY FEE: \$25 due at registration (Supply fee must be in an envelope with the following information written on the envelope: class name, participant name, mentor name, parent name, parent phone number, full payment of supply fee – cash only/exact change)

MINIMUM: 3 MAXIMUM: 15

In this session, participants will learn how to take their love of art to a new level with watercolor. Participants will learn watercolor techniques, and they will create a variety of professional art pieces. Fine art pieces will be completed for display at the end of the session program. Participants will receive supplies that they will need to bring to class each week. (an eraser and pencil sharpener would also be helpful to bring)

BALLET: PRE BALLET

MENTOR: Brooke Siegmann and Rebecca Doane (Brooke has 11 years of ballet experience and 3 years of teaching experience. Rebecca has 5 years of dance experience and two years of teaching experience.)

AGE: 3-4

CLASS TIME: 11:00-11:45** (45 minutes per week)

COST: \$60

MINIMUM: 3 MAXIMUM: 8

Pre-ballet is an introductory class where we will be learning all about the fundamentals of dancing. This includes balance, grace, flexibility, and of course lots of fun. Dancing is an excellent way to build both confidence and friendships. Participants should be able to listen and follow directions. Participants should bring their own water and use the restroom before class. Although participants will not be performing during the end of semester program, family can sit in during the 12th week.

Class attire: girls should wear a leotard (preferred black), pink tights, and ballet shoes (canvas or leather not house shoe type. Preferred pink.) hair should be up. Boys should wear a t-shirt (preferred white), sweatpants or shorts (preferred black), and ballet shoes

BALLET FOR BEGINNERS

Mentor: Brooke Siegmann and Rebecca Doane (Brooke has 11 years of ballet experience and 3 years of teaching experience. Rebecca has 5 years of dance experience and two years of teaching experience.)

AGE: 5-6 years old

CLASS TIME: 1:00 - 1:50

COST: \$60

MINIMUM: 3 MAXIMUM: 10

Ballet for beginners is an introductory class where we will be learning all about the fundamentals of dancing. This includes balance, grace, flexibility, and of course lots of fun. Dancing is an excellent way to build both confidence and friendships. Participants should be able to listen and follow directions. Participants should bring their own water and use the restroom before class. Participants will be performing during the end of semester program.

Class attire: girls should wear a leotard (preferred black), pink tights, and ballet shoes (canvas or leather not house shoe type. Preferred pink.) hair should be up. Boys should wear a t-shirt (preferred white), sweatpants or shorts (preferred black), and ballet shoes.

BALLET PLUS

MENTOR: Hope Beck (Although, primarily known for “Stage Skills” and “Tumble” at CHOICE, Hope’s foundation is ballet and dance. Hope has taught previously at Hodgini School of Dance, Barbara’s School of Dance, D’alto Studio of Performing Arts, and ACROS Gymnastics. She has also choreographed for various school cheer, color guard, theatre, choir, and dance groups in the Tristate area.)

AGE: 7 to 12 years old

CLASS TIME: 11:00-11:50

COST: \$65.00 per participant

SUPPLY FEE: \$3.00 due at registration

MINIMUM: 3 MAXIMUM: 16

Come dance with me! Graceful movement to music! Ballet technique is introduced and taught incrementally. Excellent for developing motor skills and coordination, this class builds on the basics of ballet and provides a solid foundation of dance and gymnastics including technique, flexibility, positions of the feet & arms, ballet terms, floor, and center work. Ballet has been called the foundation of dance and for good reason. Good ballet technique will benefit the participant in all styles of dance, whether jazz, lyrical, tap, or other creative arts like theater, cheer, and gymnastics. As well as developing good posture, poise, and confidence, ballet can improve body awareness and physical self-control.

Participants will perform in the End of Session Program. The plan is to incorporate ribbon work into the choreography. Ballet + coordination + balance + confidence + friends + musicality + expression + teamwork + tumble + fun!

Class Attire: Girls should wear a leotard (preferred black), tights (preferred pink convertible foot is great) and pink ballet slippers. Hair should be up in a ponytail or neat bun. Boys should wear black athletic shorts and white t-shirt. Ballet shoes (canvas or leather not house shoe type preferred pink for girls black for boys).

BASIC AUTOMOTIVE KNOWLEDGE AND UPKEEP

MENTOR: George McCool (27 years' experience in Auto- Body Collision Repair)

AGE: 10 years old to 12th grade

CLASS TIME: 10:00-10:50

COST: \$60.00 per participant

SUPPLY FEE: \$5 (due at registration, cash exact change only)

MINIMUM: 3 MAXIMUM: 15

Learn the basics of auto care and upkeep with hands-on demonstrations as well as formal instruction.

BEGINNING LYRICAL

MENTOR: Jessica Bradford

AGE: 10 to 15 yrs

CLASS TIME: 9:00-9:50

COST: \$60 per participant

SUPPLY FEE: \$10 due at registration

MINIMUM: 3 MAXIMUM: 12

Lyrical Dance is a form of movement when ballet and contemporary mix. This form of dance focuses more on the dancer's perspective to the dance and music rather than the techniques. Flexibility and dance techniques will be the focus of the class along with teaching the final dance that will be performed at the C.H.O.I.C.E. end of session program.

BIBLE

MENTOR: Brianna Clarke

AGE: 3 - 6 years old

TIME: 2:00-2:50

COST: \$20.00 per participant

SUPPLY FEE: \$5.00 due at registration

MINIMUM: 3 MAXIMUM: 8

It is very important to raise children to know and love Jesus. That is why I would enjoy immensely the opportunity to come alongside your child(ren) and be a part of their faith development. During this class, we will be spending time growing our knowledge of Jesus and learning what it is to be a Christian, and how we can love God and love others. We will read from the Bible, spend time making crafts, and singing songs that will strengthen our love for the Lord.

C.H.O.I.C.E. KITCHEN CAFE

MENTOR: Sarah Hunter

AGE: 10 years to 12th grade

CLASS TIME: 11:00-12:15** (This class will be *approximately* an hour and 15 minutes)

COST: \$60 per participant

SUPPLY FEE: \$10 (cash exact change only, due at registration)

MINIMUM: 3 MAXIMUM: 10

Let's get cookin'! Join the awesome Choice Kitchen Café team and learn how to work as a group to serve members of our community yummy food. You will learn how to take orders, make orders, food safety, and learn profit/loss strategies. Each member will take turns at each position with some time off to enjoy lunch with their friends. We will offer items such as pizza, tacos, spaghetti, soups and subs, as well as, drinks and snacks.

EARTH SCIENCES

MENTOR: Donald G Brooks

AGE: 10 yrs old to 12th grade

CLASS TIME: 11:00-11:50

COST: \$45.00 per participant

MINIMUM: 3 MAXIMUM: 12

How many north's are there? Where are they, Really? Map Studies using a real U.S. Geological quadrangle (Taswell - southern Indiana) map, Learning compass Skills and how to navigate in strange or unknown settings (Participants' receive a free compass), Orienteering Skills, Real field orienteering/Revolutionary War exercise (out of doors activity-weather permitting), GEO Caching, Property surveys,/Sections, Where do Address' -Street and highway numbers come from?, GPS- Global Positioning Systems--and how they work, Sun, Earth, and Moon studies, Earth meteorology study, Oceanography and global bodies of water, The auroras', - Northern and Southern Lights.

GIVE A LITTLE CLAP

MENTOR: Amelia Schmitz (Beginning my home school journey at the age of 6, I am now a 18 year old homeschool high school senior. I was assistant in Give a Little Clap class for the spring and the fall 2016 sessions.

I was the class mentor for the spring and fall 2017 sessions, and the spring and fall 2018 session.

AGE: 3 to 6 yrs old

CLASS TIME: 9:00-9:45** (45 minutes each week)

COST: \$50.00 per participant

MINIMUM: 3 MAXIMUM: 10

The children will be learning Finger Plays, Nursery Rhymes, Short Motion Songs, Days of Week, Months of Year, Counting, Pledges to Bible/Christian Flag/American Flag, Stories, and Games. These will facilitate in strengthening both fine and gross motor skills, increasing language development, and enhancing social communication. Although enjoyable one-on-one, these are often more delightful for youngsters when done in a group setting.

GUITAR: ADVANCED GUITAR

MENTOR: James Doane (PhD Mechanical Engineer, Classically trained guitarist with over 20 years' experience, trained with Renato Butturi, Masters classes at Cincinnati Conservatory of Music.)

AGES: 10 yrs. to 12th grade

CLASS TIME: 2:00-2:50

TUITION: \$ 60 per participant per session

SUPPLY FEE: \$20 due at registration

MINIMUM 3 MAXIMUM 10

Playing the guitar has many benefits. Playing guitar boosts confidence, improves hand eye coordination, improves focus, intelligence, and motor skills. Playing guitar increases creativity, and learning music rewires a guitarist's brain in a positive way which leads to all kinds of cognitive benefits. In Advanced Guitar participants build on what they have learned in intro to guitar. Participants should have several years of guitar experience. Participants will learn more advanced finger picking techniques and beginning classical methods. We will learn a variety of songs and exercises to help participants become talented guitarists. At the closing program, participants will perform as a group. To gain the most from this class, it is recommended that they practice 30 minutes daily on what is being taught in class. **Bring a working guitar- preferably acoustic or classical guitar with fairly new strings, tuner, picks and 3 ring binder **

GUITAR: INTRO TO GUITAR

MENTOR: James Doane (PhD Mechanical Engineer, Classically trained guitarist with over 20 years' experience, trained with Renato Butturi, Masters classes at Cincinnati Conservatory of Music.)

AGES: 10 yrs. to 12th grade

CLASS TIME: 1:00-1:50

TUITION: \$ 60 per participant per session

SUPPLY FEE: \$20 due at registration

MINIMUM 3 MAXIMUM 10

Playing the guitar has many benefits. Playing guitar boosts confidence, improves hand eye coordination, improves focus, intelligence, and motor skills. Playing guitar increases creativity, and learning music rewires a guitarist's brain in a positive way which leads to all kinds of cognitive benefits. In Intro to Guitar participants will be guided step by step how to make chords, use strum patterns, guitar anatomy, maintenance and playing technique. We will learn a variety of songs and exercises to help participants become talented guitarists. At the closing program, participants will perform as a group. To gain the most from this class, it is recommended that they practice 30 minutes daily on what is being taught in class.

****Bring a working guitar- preferably acoustic with fairly new strings, tuner, picks and 3 ring binder ****

HANDBELL CHOIR

MENTOR: Mandy Flagler

AGES: 6-12 yrs.

CLASS TIME: 2:00-2:45** (45 minutes per week)

TUITION: \$ 45 per participant

MINIMUM: 3 MAXIMUM: 15

Using color coded bells, even participants without a musical background can participate! We will be learning the proper ringing technique and basic note values as we play familiar favorites and perform a special piece at the closing program.

HANDS-ON MATH

MENTOR: Jamie Frederick (B.S. in Elementary Ed./Kindergarten Endorsement)

AGE: 3 to 6 yrs.

TIME: 10:00-10:50

COST: \$50.00 per participant

SUPPLY FEE: \$10.00 (due at registration/cash only--exact change, please)

MINIMUM: 3 MAXIMUM: 15

This class explores concepts of number recognition, counting, patterning, grouping and sorting, simple addition and subtraction, shapes, math tools, measurement, and more using fun, hands-on games, activities, and manipulatives. We also sometimes use some edible materials such as goldfish crackers, marshmallows, Skittles, Hershey Kisses, Gummi worms and bears, etc., to have some fun learning math concepts. Most weeks, we also read a book connected to the concept being taught. The games and activities encourage cooperation and group work as well as independent learning. We are always adding new and fun math activities, but also revisit some favorite activities as well!

HANDS-ON SCIENCE

MENTOR: Jamie Frederick (B.S. in Elementary Ed./Kindergarten Endorsement)

AGE: 1st to 4th grade

TIME: 11:00-11:50

COST: \$60.00 per participant

SUPPLY FEE: \$10.00 (due at registration/cash only--exact change, please)

MINIMUM: 3 MAXIMUM: 15

In Hands-On Science, we learn how to apply the Scientific Method of observation, prediction, experimentation, and interpretation in fun, hands-on science experiments and model-building. We study many different branches of the sciences: physical science, earth science, and life science. Most of the concepts are introduced through kid-friendly videos or books and followed by an experiment or the building of a model of what we are studying. We do use some materials such as: Skittles, M&Ms, clay, balloons, magnets and iron filings, and many other materials. Following directions and listening are also stressed in this class. We constantly rotate the subjects we are learning about in Hands-On Science with new and fun activities while revisiting some favorites as well!

HOT WHEELS SPEEDOMETRY

MENTOR: Jamie Frederick (B.S. in Elementary Ed./Kindergarten Endorsement)

AGE: 6 to 10 years

TIME: 1:00-1:50

COST: \$60.00 per participant

SUPPLY FEE: \$10.00 (due at registration/cash only--exact change, please)

MINIMUM: 3 MAXIMUM: 15

Hot Wheels Speedometry is a fun and engaging way to begin learning about physics concepts such as energy (potential and kinetic), force, motion, and momentum. We also learn about how these concepts relate to the design and safety of different vehicles. Participants will also learn how to analyze and interpret data, work together cooperatively, measure distances, use problem-solving skills, have fun, and be creative as they use different materials to build tracks for Hot Wheels cars! (All tracks and Hot Wheel cars are provided during each class.) In many instances, we introduce the physics concepts with some very fun videos. Finally, the students will again show their application of the concepts by performing the egg drop challenge at the end of the semester!

INTRODUCTION TO VIOLIN CLASS

MENTOR :Ana Edwards (Suzuki Violin Institute / Miss Ana's Violin Studio / Praise Ensembles / Wetzel □ Violins)

AGE: 8 years to 12th grade

TIME: 11:00 – 11:50

COST: \$60/participant for 12 week session

MINIMUM: 3 MAXIMUM: 12

My goal in educating musical talent is not just simply for your child to become a well versed musician, but to instill in them deep passion, a strong sensitivity, & love for beauty.

This class will follow the Suzuki teaching principles of playing by ear, memorizing songs, and enjoying music. At the end of the year, students should demonstrate the ability to hold their instrument correctly play pieces on his/her violin with good sound and technique, and explore basic violin music theory.

--Required supplies include violin, shoulder rest or sponge, rosin for bow, and folder--

INTERMEDIATE VIOLIN CLASS

MENTOR: Ana Edwards (Suzuki Violin Institute / Miss Ana's Violin Studio / Instructor at Praise Ensembles - Strings I & Music Exploration / Wetzel Violins)

AGE: - For those who have previously taken the Intro class or by mentor approval. If you have never taken my Intro class before but do have some violin experience, please contact a CHOICE coordinator prior to CHOICE registration day - Feb. 4, and she will put you in contact with me. I will then contact you where we will discuss whether your student is ready for my Intermediate class or not.

TIME: 10:00-10:50

COST: \$60/participant for 12 week session

MINIMUM: 3 MAXIMUM: 12

This class is for those who have already learned the basics of playing the violin, and are ready for the next step! This intermediate class will combine the students from both beginner classes of the previous semester who would like to continue in their learning of the instrument.

We will explore pieces designed for mixed levels in a string ensemble setting.

By the end of the semester, each student should have a deeper understanding of music theory, an ease of performing with others, and a broader music repertoire.

--Required supplies include violin, shoulder rest or sponge, rosin for bow, folder, and music stand

KNIT 2GETHER-INTRO TO KNITTING I & II AND ADVANCED

MENTOR: Crystal Mullen

AGE: 10 yrs. to 12th grade

TIME: 2:00-2:50

COST: \$60 per participant

MINIMUM: 3 MAXIMUM: 8

Supplies for participants to purchase:

Knitting I- straight bamboo knitting needles size 8 (US), 2-4 skeins of worsted weight yarn/Medium 4, scissors, darning needle Learn to cast on, bind off, knit, purl, seam, make pom poms. We will be making a crossbody purse with two colors per side and a strap. Please do not use "soft" yarn if this is your first time knitting.

Knitting II

supplies: size 6 or 7 double point needles, one skein of cotton yarn, stitch markers, darning needle

We will be making a water bottle holder prerequisite: co, bo, k, p, dpn

KNIT 2Gether ADVANCED

supplies: size 7, 16 inch circular needles, size 7 dpn. 4 removable stitch markers, one a different color or shape. Approx. 1400 yards of main color and 1000 yards of white/cream or any secondary color you like. Size 2 alpaca yarn or wool or any yarn texture you enjoy. This will make a smaller throw blanket or you can increase your yardage for a bigger blanket.

LITTLE WOMEN

MENTOR: Carri Schmitz (BS in Elementary Education / Kindergarten Endorsement)

AGE: 5th to 12th grade (girls)

CLASS TIME: 2:00-2:50

TUITION: \$40.00 per participant

MINIMUM: 3 MAXIMUM: 15

Sadly, the world's view and the Bible's view of what a young lady should be/look/act contrast greatly. This class will focus on encouraging girls to become the "little women" that God has called them to be. We will concentrate on the following: Fruits of the Spirit (love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control), modesty, morality, manners, truthfulness, trustworthiness, generosity, respect, standing firm (Full Armor of God), our Heavenly Father's amazing grace, how one can be a blessing to others. As a service opportunity during our spring session, we will be serving a meal at the Ronald McDonald House in Evansville.

Resources: Holy Bible, Bringing Up Girls by Dr. James Dobson, Everyday Graces by Karen Santorum, Manners Made Easy by June Hines Morre, One Thousand Gifts by Ann Voskamp, Be the Gift by Ann Voskamp.

MUSIC THEORY I

MENTOR: Mandy Flagler

AGES: 10 years to 12th grade

CLASS TIME: 1:00-1:50

TUITION: \$50 per participant

SUPPLY FEE: Book Cost \$10

MINIMUM: 3 MAXIMUM: 12

Class description: This course is designed for participants, whether listeners or performers, who want to have a better understanding of the the language of music. Throughout the semester we will cover the following elements: Staff, Notes and Pitches * Treble & Bass Clefs * Grand Staff & Ledger Lines * Note Values * Measure, Bar Line and Double Bar * 2/4, 3/4 & 4/4 Time Signatures * Whole, Half & Quarter Notes/Rests * Dotted Half & Quarter Notes * Ties & Slurs * Repeat Sign, 1st & 2nd Endings * Eighth Notes & Rests * Dynamic Signs, Tempo Marks & Articulation * D.C., D.S., Coda & Fine * Flats, Sharps & Naturals * Whole & Half Step, Enharmonic Notes.

P.E. (older)

MENTOR: Carri Schmitz (BS in Elementary Education / Kindergarten Endorsement)

AGE: 7th grade to 12th grade

CLASS TIME: 10:00-10:50

COST: \$40.00 per participant

MINIMUM: 3 MAXIMUM: 20

SUPPLIES: tennis shoes need to be worn

This physical education class will be centered on improving one's strength, endurance, flexibility, and coordination through aerobic activities. Participants will be playing group games/relays/etc. with an emphasis on good sportsmanship.

P.E. (younger)

MENTOR: Carri Schmitz (BS in Elementary Education / Kindergarten Endorsement)

AGE: 6 years old to 6th grade

CLASS TIME: 11:00-11:45** (45 minutes each week)

COST: \$40.00 per participant

MINIMUM: 3 MAXIMUM: 20

SUPPLIES: tennis shoes need to be worn

This physical education class will be centered on improving your child's strength, endurance, flexibility, and coordination through aerobic activities. Participants will be introduced to some basic sports and games with an emphasis on good sportsmanship.

PERFORMANCE COACHING & PREP

AGE: 9yrs old to 12th grade

CLASS TIME: 9:00-9:50

COST: \$36 per participant for 12 week session.

MINIMUM: 3 MAXIMUM: 10

Tune up your performance skills!

- Get ready for those auditions, competitions, pageants and shows!
- Fine-tune your monologue, speech, or interview.
- Polish your dance routine.
- Learn the moves and skills you need for tryouts.

For this hour Hope is your mentor and coach helping you put together the best presentation whatever your performance need.

This is a student led workshop group. Students will work with Hope on their chosen project or area of focus. Hope will help them identify their goal, assess their strengths and weaknesses and give individual instruction to help each student accentuate their best skills and talents. Hope will be available to advise whether it be choice of or editing of performance material or attire to hair and makeup. Students will practice in class and homework "assignments" or exercises will be given to help them achieve their goal and be confident and prepared for their next audition, performance or tryout.

Mentor Hope Beck has over 30 years experience in performance production as well as an instructor and coach of dance, drama, gymnastics, dance/drill team, Pom-Pom and color-guard. Her students have gone on to pursue the arts in college and professionally including a former Miss Teen Indiana USA and a featured dancer at the Kennedy Center. She has served as a judge for theatrical auditions, pageants, county fairs, marching band and talent competitions.

POM-POM/DRILL TEAM

MENTOR: Hope Beck A former Pom-Pom girl herself, Hope has coached and choreographed Pom and drill/ dance teams for the Castle High School Chargerettes, Boonville High School Trailblazers, Castle Elementary, Yankeetown Elementary, & Glenwood Middle School. Hope has taught previously at Hodgini School of Dance, Barbara's School of Dance, D'alto Studio of Performing Arts, and ACROS Gymnastics. She has also choreographed for various school cheer, color guard, theatre, choir, and dance groups in the Tristate area.

AGE: 10 to 16 years old

CLASS TIME: 1:00-1:50
CLASS LENGTH: 12 week session / 50 minutes each week
COST: \$65 per participant for 12 week session
MINIMUM: 3 **MAXIMUM:** 24
Pom fee \$12 (new participants only) for set of poms due at registration

Pom poms: those fluffy flower-like things used by cheerleaders are also great props to build a visual and entertaining dance routine. I so enjoyed my time as a pom/drill team member and hope to bring that fun and excitement to CHOICE! This is not the inappropriate half-time dancing one might see at a sporting event, but rather a throwback pom team where the poms are the focus of the routine. Very spirited, punchy, and always tasteful. Pom/Drill is designed for the participant who is interested in combining dance skills with energy and enthusiasm. Each class will begin with a warm-up and stretching section to improve flexibility and endurance. Then we'll spread out across the basketball court and learn fun visual moves using pom poms, as well as contortions and kick line skills. This class introduces pom movement and terminology as well as beginning, kicks, and turns.

SEWING: BEGINNING MACHINE – YOUNGER YEARS

MENTOR: Rebecca A. McClure B.S. in Home Economics Ed. Taught Home Economics for 23 years
AGE: 6 – 12 years old
TIME: 10:00-10:50
COST: \$60.00 per participant
SUPPLY FEE: \$25.00 due at Registration
MINIMUM: 3 **MAXIMUM:** 5

Description: Learn about sewing machine safety while learning how to make a 3-panel pillow, a 9-patch pillow and a backpack. No prior sewing experience required. **The \$25.00 supply fee will be due at time of registration so that the mentor can purchase and prepare all the needed supplies and materials prior to the first day of classes. Please have your supply fee (cash, exact change) in a separate envelope marked with the child's name, class name and time, along with Parent name and phone number. Please bring this along with you as you register for classes. Thank you.

SEWING: BEGINNING MACHINE – OLDER YEARS

MENTOR: Rebecca A. McClure B.S. in Home Economics Ed. Taught Home Economics for 23 years
AGE: 13 -12th grade
TIME: 11:00-11:50
COST: \$60.00 per participant
SUPPLY FEE: \$25.00 due at Registration
MINIMUM: 3 **MAXIMUM:** 5

Description: Learn about sewing machine safety while learning how to make a 3-panel pillow, a 9-patch pillow and a backpack. No prior sewing experience required. **The \$25.00 supply fee will be due at time of registration so that the mentor can purchase and prepare all the needed supplies and materials prior to the first day of classes. Please have your supply fee (cash, exact change) in a separate envelope marked with the child's name, class name and time, along with Parent name and phone number. Please bring this along with you as you register for classes. Thank you.

SEWING: GARMENT CONSTRUCTION FOR STUDENT AND THEIR DOLL

MENTOR: Rebecca A. McClure B.S. in Home Economics Ed. Taught Home Economics for 23 years
AGE: 7 – 12th grade
TIME: 1:00 -1:50
COST: \$60.00 per participant
SUPPLY FEE: \$25.00 due at Registration/Cash only—exact change please.
MINIMUM: 3 **MAXIMUM:** 5

Description: In this class, we will learn how to lay a pattern onto a piece of fabric and cut it out. We will take lots of measurements to ensure a proper fit for both the student and their doll. We will make a denim skirt and cotton (solid or print) top for both the student and their doll during our time in this class. Learning to sew your own clothes will reinforce

the skills you have learned in our previous classes. My Mother taught me to sew at a young age and I went on to make all of my clothes from 7th thru 12th grades and continued in college while earning my teaching degree. This class is open to ages 7 – 18 who have taken my Beginner Machine class. **The \$25.00 supply fee will be due at the time of registration so that the mentor can purchase and prepare all the needed supplies and materials prior to the first day of classes. Please have your supply fee (cash, exact change) in a separate envelope marked with the child's name, class name and time, along with parent name and phone number. Please bring this along with you as you register for classes. Thank You.

SEWING: STUFFED ANIMAL – YOUNGER YEARS

MENTOR: Rebecca A. McClure B.S. in Home Economics Ed. Taught Home Economics for 23 years

AGE: 7 – 12 years old

TIME: 9:00-9:50

COST: \$60.00 per participant

SUPPLY FEE: \$25.00 due at Registration

MINIMUM: 3 **MAXIMUM:** 5

Description: Learn to make a Bear or Bunny Rabbit. Open to all children ages 7 – 12 years who have taken my Beginner Machine class. ** The \$25.00 supply fee will be due at time of registration so that the mentor can purchase and prepare all the needed supplies and material prior to the first day of classes. Please have your supply fee (cash, exact change) in a separate envelope marked with the child's name, class name and time, along with parent name and phone number. Please bring this along with you as you register for classes. Thank You.

SEWING: STUFFED ANIMAL – OLDER YEARS

MENTOR: Rebecca A. McClure B.S. in Home Economics Ed. Taught Home Economics for 23 years

AGE: 13 – 12th grade

TIME: 2:00-2:50

COST: \$60.00 per participant

SUPPLY FEE: \$25.00 due at Registration/Cash only –exact change please.

MINIMUM: 3 **MAXIMUM:** 5

Description: Learn to make a Bear or Bunny Rabbit. Open to all children ages 13 – 18 years who have taken my Beginner Machine class. ** The \$25.00 supply fee will be due at time of registration so that the mentor can purchase and prepare all the needed supplies and material prior to the first day of classes. Please have your supply fee (cash, exact change) in a separate envelope marked with the child's name, class name and time, along with parent name and phone number. Please bring this along with you as you register for classes. Thank You.

SING A SONG & GET ALONG

MENTOR: Amelia Schmitz

AGE: 4 – 8 yrs.

TIME: 10:00-10:50

COST: \$50.00

MINIMUM: 3 **MAXIMUM:** 12

Disagreement is an unavoidable part of life. Unfortunately, tons of children, teens, and adults in today's time do not know how to get along, respect, or resolve issues with their peers. In "Sing a Song & Get Along", we will be focusing on respecting and learning to get along with each other through catchy songs, fun games, and exhilarating activities. Children should come prepared to learn how to make new friends and how to treat people with respect. We will also be discussing doing unto others, being kind, sharing, taking turns, the first shall be last, etc. Get ready to laugh a lot, dance to beats, sing some songs, and get along!

STAGE SKILLS**

MENTOR: Hope Beck (Hope has taught previously at Hodgini School of Dance, Barbara's School of Dance, D'alto Studio of Performing Arts and ACROS Gymnastics. She has contributed to theatre groups in various capacities from performer, to costumer, to stage manager and set designer. Hope has also choreographed local high school musicals, cheer, color guard, choir, and dance groups in the Tristate area.)

AGE: 10 yrs old to 12th grade

CLASS TIME: 3:00 - 4:15** (75 minutes each week)

COST: \$77.00 per participant for 12 week session

PERFORMANCE MATERIAL FEE: \$10 (due at registration)

MINIMUM: 3 MAXIMUM: 35

Love all things theatre? Then this class is for you. CHOICE's long standing performance group is back and plans are in the works to present THE WIZARD OF OZ during the End -of- Session Program. Come put on a play with us! The group's presentation will highlight and challenge our CHOICE performers. For those new to the program Stage Skills covers acting, of course, but also speaking, stage movement, performing, and becoming comfortable in front of an audience. Participants learn many life skills from theater including: cooperation, self-confidence, voice and diction, teamwork, setting a goal and meeting a deadline, and of course how to improvise on stage when things don't go exactly as planned. The class as always will continue to build upon the basics of theatre. The participants will collaborate, discover how to develop a character, use physical comedy, and participate in lively discussions on what it takes to produce a successful performance....as well as.... what....would be better avoided. :) Various theater exercises will be implemented to provide plenty of hilarity...ahem... "practice" for the young performers. Participants will be asked to provide their own basic costume pieces. Students will audition the first day of class which will include cold reading from the script and a basic movement evaluation as a group. Bring a binder, pencil, and highlighter to each class. Contact information (FB or email) requested at time of enrollment as audition information will be provided for those who would like to familiarize themselves with the characters. (Facebook preferred-for private group. Not required but suggested.) As always the entire class will participate in performance.

JR. STAGE SKILLS

MENTOR: Hope Beck (Hope has taught previously at Hodgini School of Dance, Barbara's School of Dance, D'alto Studio of Performing Arts and ACROS Gymnastics. She has contributed to theatre groups in various capacities from performer, to costumer, to stage manager and set designer. Hope has also choreographed local high school musicals, cheer, color guard, choir, and dance groups in the Tristate area.)

AGE: 7 to 11 years old

CLASS TIME: 2:00-2:50

COST: \$65.00 per participant

PERFORMANCE MATERIAL FEE: \$7 (due at registration)

MINIMUM: 3 MAXIMUM: 25

An intro theater class for younger participants! The participants will perform during the Fall End - of- Session Program (with the Stage Skills class) featuring WIZARD OF OZ. Jr Stage is a high energy and quick moving group! It is so much fun participants won't even notice they are learning! Using theater games as an icebreaker this class will include: intro to performing, stage directions, voice projection, simple improvisation, expressive stage movement, using props, team building, and lots of silliness. No experience necessary. Recommended for beginning 10 or 11 year olds. Participants will be asked to provide their own basic costume pieces.

THE GREATEST STORY EVER TOLD – DISCOVERING GREAT LITERARY TREASURES IN THE SCRIPTURES

MENTOR: Leanne Kelle

AGES: 6th to 12th grade

TIME: 1:00-1:50

COST: \$50 per participant

SUPPLY LIST: Bible (no specific translation required), Notebook and Pen or Pencil for notetaking

MINIMUM 3 MAXIMUM 12

This class will spend 12 weeks examining the Bible through a literary lens, focusing on different literary techniques as we study the Word. The skills built by the students' ability to identify these concepts in various Scriptures will easily be applied to their understanding and appreciation of other literature and their own creative writing efforts.

Students will be expected to do some Bible reading outside of class, be prepared to share independent literary findings with the class and do some small writing assignments such as a character analysis.

I believe fully that the Great Author is so very relational-desiring first and foremost that we commune with Him and listen to Him. The Word of God is alive and active. (Heb 4:12a). I pray the time spent together and each student's individual journey (my own included) will be a time of great discovery, great challenge, and even greater -- an awareness of what calling the Author of Life has for each of our own lives. Not to mention that "every good and perfect gift comes from God". . . Yes even similes and metaphors.

TUMBLE STRONG: BEGINNER - INTERMEDIATE

MENTOR: Hope Beck (Hope has taught gymnastics and dance previously at Hodgini Dance and Gymnastics (Jasper), Evansville Gymnastics Center & ACROS Gymnastics.)

AGE: 6 to 12 yrs old

CLASS TIME: 10:00-10:50

COST: \$65.00 per participant

MINIMUM: 3 MAXIMUM: 16

Learn tumbling & gymnastics in this fun fast paced high energy class. This is a beginner to intermediate class appropriate for the true beginner as well as those with some tumble experience. Skills will be taught with level increments, so each participant is working at their own pace to challenge themselves. Beginning participants will learn the fundamentals of gymnastics and tumbling - rolls, back-bends, headstands, cartwheels. Intermediate students will add more challenging skills: round-offs, front and back walkovers, walking on hands, and more. As always, the class focuses on strength, flexibility, and balance with emphasis on proper technique. Each class will include conditioning using simple equipment such as parallettes and bobble boards as well as a variety of exercises that will challenge the participant's coordination and endurance. Participants should wear athletic shorts and a t-shirt or "under armor" type top. Participants will perform a demonstration of skills, strength, and flexibility during recess toward the end of the spring session. (optional) The tumble mentor will be giving class participants more details regarding the performance.

YOUNG MEN'S BIBLE STUDY

MENTOR: George McCool

AGE: 10 years old to 12th Grade

CLASS TIME: 9:00-9:50

COST: \$40

MINIMUM: 3 MAXIMUM: 12

SUPPLIES NEEDED: BIBLE (KJV/NIV/NLT) OR BIBLE APP.

- Breakdown of scriptures using the "discovery bible study" method
- Will be using multiple translations including the KJV, NIV, NLT.
- Learning the basics of application, understanding and sharing God's Word