

**CHEF ATHLETICS**  
CHRISTIAN HOME EDUCATORS FELLOWSHIP OF OKLAHOMA  
BASKETBALL

**Athlete's Code of Conduct:**

By joining this basketball team I am agreeing to uphold the following team rules:

1. I will demonstrate the character quality of attentiveness by listening to the instruction of my coaches.
2. I will demonstrate the character quality of faithfulness by making practices and games a priority.
3. I will demonstrate the character quality of orderliness by following the dress code:

**DRESS CODE**

As in any large group of people, we have a great diversity of convictions and lifestyles. In an effort to minimize offenses to one another, it seems wisest to let the Lord's love restrain us in our selection of clothing and conduct.

At any athletic activity, the following dress code should be observed. This listing is not intended to be all inclusive.

- If shorts are worn, they should be modest to the top of the knee while standing, or longer.
- If T-shirts are worn, full length short-sleeve T-shirts are best.
- Shirts and shoes are to be worn at all times.

The following are examples of inappropriate dress:

- Muscle shirts, tank tops, gaping shirts
- Skimpy, mesh, form-fitting shirts or blouses
- Tight shorts
- Tight sweat pants
- Earrings for men or boys
- Extreme hairstyles (for example boy's ponytails or mohawks)
- Dress or accessories symbolic of gang activity
- Athletic spiked shoes or ladies spiked heels worn on the court
- Jewelry on the court at any time
- Droopy or sagging pants or shorts
- Exposed midriffs or undergarments
- Visible tattoos or body piercing
- Facial hair for athletes

Due to so much variety in clothing styles, the CHEF Athletic Committee reserves the right to make final determination of what dress is considered unsatisfactory. At all times, our dress should reflect Godly character through neatness and modesty.

**UNIFORM**

Each team member is responsible for his or her game uniform. Team jerseys are to be worn only for games. A shirt must be worn under a CHEF uniform at all times. This should be an Under Armor type shirt—short sleeves preferred. Tank tops and gaping underarms are not acceptable. Shirt must match the color of the uniform—that is white or royal blue. No shirts or under-garments of other colors should be exposed while wearing CHEF uniforms. Shoulders of uniforms should not be tucked under, rolled up, etc. to make uniform less than sleeveless. Shorts should be knee length. Black, white, or royal blue padded or unpadded sliders should be worn under uniform shorts. Socks should be white, black, or royal blue. If a different color sock is desired they must be worn by all players to display uniformity and team spirit and not draw attention to an individual player. CHEF's desire is to build unity among the players and not have any individual draw attention to himself/herself by his/her conduct or apparel. (Psalm 133:1)

4. I will maintain a positive, teachable attitude no matter how much playing time I receive, how fair the officiating is or is not, or whether we win or lose.
5. I will demonstrate the character quality of self-control by not participating in things such as profane language, alcohol, tobacco, drugs, pornography, gambling, or immorality.
6. I will keep my focus on basketball and avoid pairing off with a person of the opposite gender during all games, traveling trips, and practices.
7. I agree that my conduct which results in a technical foul due to verbal comments and/or inappropriate displays of temper, hostility, anger, disrespect, emotional meltdown, and/or a mocking attitude relative to an official or an official's call shall result in a one game suspension for the next game. I agree that repeated technical fouls may result in my removal from the program.
8. I will demonstrate the character quality of discipline by following the rules that my team establishes.
9. I agree to uphold CHEF's desire is to build unity among the players and not to draw attention to myself by conduct or apparel. (Psalm 133:1)

**My athlete and I have read and agree to abide by this Code of Conduct.**

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Parent's Signature

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Date

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Parent's Signature

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Date

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Athlete's Signature

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Date