

# Class Descriptions

## 2019-2020 Academic Year

LAF Co-op classes, PreK-12<sup>th</sup>, will be held at Grace Fellowship Church in Shrewsbury on Thursdays from 9:00 a.m.-3:20 p.m.

Fall Session (10 weeks): Sept 19 to Nov 21 (Make-up: Dec 5)

Winter Session (10 weeks): Jan 2 to Mar 5 (Make-up: Mar 12 and Mar 19)

Spring Session (8 weeks): Mar 26 to May 14 (Make-up: May 21)

There is an annual **enrollment fee of \$35 for the first student in a family and another \$15 for each additional student**. The fee will cover the cost of website maintenance, liability insurance and other administrative expenses. **The enrollment fee is due by Thursday, May 14, 2019 in cash or money order and is non-refundable** even if you decide to withdraw students from classes.

The **cleaning fee for 2019-2020 will be \$50** to be paid in full by September 19<sup>th</sup>.

**Please see below for our list of class descriptions.**

## PreK-Lower Elementary (PreK-2<sup>nd</sup>)

**NOTE: Classes are year-long (must take all 3 sessions) unless otherwise noted.**

### 9:00-9:50 am - 1<sup>st</sup> Period

#### **Literature - Fables, Folktales and Fairy Tales (K-2<sup>nd</sup> Grades):**

Once upon a time...students will be introduced to fables, fairy tales and folktales from all around the world. Students will learn about the different genres while entering the world of make believe, traveling to exciting places, and meeting fascinating characters. These stories have been passed down, translated, retold, and adapted because they are so rich and engaging.

**NOTE: THIS IS A SESSION-BY-SESSION CLASS (can be taken for 1, 2 or 3 sessions).**

Instructor: BeckiJo Disney

Enrollment: Minimum 5 students and Maximum 18 students

Class Time: 9:00-9:50 am (1<sup>st</sup> period)

Materials fee: \$10 per session

Cost: \$6.50 per student, per class

(\$65 for a 10 week session and \$52 for an 8 week session)

#### **Speech – Public Speaking (K - 5<sup>th</sup> Grades):**

Students will learn and practice public speaking skills while memorizing age appropriate portions of Scripture, Books, historical documents, speeches or poetry of the student's choice. Skills covered will include the 3 second rule, eye contact, memorization, poise and posture, voice projection, speaking clearly, pace of speaking, facial expression, hand movements, and emphasis on words. This is a fun class that will give your kids skills and help make them more confidence speakers in public and in private. Parents are always welcome in class as extra audience members!

Homework will take between 10-15 minutes per day. During that time time students should work on the memorization of their chosen work, and practice the skills learned in class.

**NOTE: THIS IS A SESSION-BY-SESSION CLASS (can be taken for 1, 2 or 3 sessions).**

Instructor: Tamara Wesley

Enrollment: Minimum 2 students and Maximum 10 students

Class Time: 9:00-9:50 am (1<sup>st</sup> period)

Cost: \$5.50 per student, per class

(\$55 for a 10 week session and \$44 for an 8 week session)

## 10:00-10:50 am - 2<sup>nd</sup> Period

### **A B C & 1 2 3 (3-5 years)**

A class focusing on letters and numbers in a fun learning environment. The children will do a variety of activities each week that may include listening to a story, playing a game, completing a craft or coloring page. They may learn finger plays or songs related to our theme of the week. Many concepts will be integrated into each week's theme.

**NOTE: THIS IS A SESSION-BY-SESSION CLASS (can be taken for 1, 2 or 3 sessions).**

Instructor: BeckiJo Disney

Enrollment: Minimum 5 students and Maximum 16 students

Class Time: 10:00 -10:50am (2<sup>nd</sup> period)

Materials Fee: \$10 per session

Cost: \$6.50 per student, per class

(\$65 for a 10 week session and \$52 for an 8 week session)

### **Choir (1<sup>st</sup> -8<sup>th</sup> Grades):**

Join us as we explore the joy of singing. We'll be covering some great music as the kids learn the basics of singing well. We'll even learn some songs with parts beginning with singing in rounds. Students will just need a folder to keep song lyrics and any music needed for the class.

Instructor: Pauline Williams

Enrollment: Minimum 8 students and Maximum 25 students

Class Time: 10:00-10:50am (2<sup>nd</sup> period)

Materials Fee: \$10 per student

Cost: \$6 per student, per class

(\$60 for a 10 week session and \$48 for an 8 week session)

### **Dance (2<sup>nd</sup> - 4<sup>th</sup> Grades):**

If you have a child who loves to dance or would even just like to give dance a try then this class with our amazing Ms. Warkenda is the class for them. Her heart-felt philosophy is that everyone is a dancer, it is just that some people haven't realized it yet. The students will work within the art of different dance music and movement to build strength, confidence, and a love of dance. An introduction into dance history and vocabulary is also presented in each session. Students should come prepared to dance and have a water bottle with them. An end of the unit presentation will be presented by the students at the end of each session to show what they have learned.

**NOTE: THIS IS A SESSION-BY-SESSION CLASS (can be taken for 1, 2 or 3 sessions).** It is still to be determined which dance form (jazz, modern, ballet, lyrical, etc) will be offered each session.

Instructor: Warkenda Williams-Casey  
Enrollment: Minimum 5 students and Maximum 20 students  
Class Time: 11:00-11:50am (3<sup>rd</sup> period)  
Cost: \$7 per student, per class  
(\$70 for a 10 week session and \$56 for an 8 week session)

**Science – Animal Adventures (K-2<sup>nd</sup> Grades):**

This study, geared for grades K-2nd, introduces students to the animal kingdom. Students will learn about the beauty, variety, and characteristics of both vertebrates and invertebrates. Lessons will be reinforced with read alouds, fun activities, and engaging crafts.

Instructor: Beth Kahler  
Enrollment: Minimum 3 students and Maximum 15 students  
Class Time: 10:00-10:50 am (2<sup>nd</sup> period)  
Materials Fee: \$10 per session  
Cost: \$6 per student, per class  
(\$60 for a 10 week session and \$48 for an 8 week session)

**11:00-11:50 am - 3<sup>rd</sup> Period**

**Art – Drawing & Painting (K-2<sup>nd</sup> Grades):**

Students will work in a variety of mediums which may include watercolor and acrylic paints, clay, mosaic tiles, etc. ALL NEW PROJECTS. Lessons are taught in a fun, creative environment that encourages students to enjoy the process of creating unique art. The program encourages individual expression while teaching new skills, ideas and techniques. Materials, art concepts and techniques are carefully selected according to the age and ability of the student.

Instructor: Molly Adler  
Enrollment: Minimum 8 students and Maximum 18 students  
Class Time: 11:00-15:50am (3<sup>rd</sup> period)  
Materials Fee: \$30 for the year  
Cost: \$7 per student, per class  
(\$70 for a 10 week session and \$56 for an 8 week session)

**Geography - Trip Around the World (K-3 Grades):**

NEW COUNTRIES! This study, geared for grades K-3rd, introduces students to basic geography and world cultures. Each week, students “travel” to a new country where they utilize world and regional maps to locate the continent, country, and capital. Students then learn basic facts about that country such as language, religion, currency, population, and other interesting facts. The study is reinforced with a craft or project pertaining to that country’s geography or historical culture.

Instructor: Beth Kahler

Enrollment: Minimum 3 students and Maximum 15 students  
Class Time: 11:00-11:50 am (3<sup>rd</sup> period)  
Materials fee: \$10 per session  
Cost: \$6 per student, per class  
(\$60 for a 10 week session and \$48 for an 8 week session)

**Math, Music, Movement & More (3-5 years):**

Give your preschooler a firm foundation in education with an engaging and fun learning experience! Using the brilliance of Hap Palmer's music and movement along with various finger plays, children will develop motor skills, enhance language skills, practice reading readiness, and learn introductory math concepts. Through the use of calendar and weather/seasonal activities and crafts, students will develop creative and scientific thinking skills.

**NOTE: THIS IS A SESSION-BY-SESSION CLASS (can be taken for 1, 2 or 3 sessions).**

Instructor: Holly Tymes  
Enrollment: Minimum 5 students and Maximum 15 students  
Class Time: 11:00-11:50am (3<sup>rd</sup> period)  
Materials fee: \$15 for the year  
Cost: \$7.50 per student, per class  
(\$75 for a 10 week session and \$60 for an 8 week session)

## 11:50-12:20 – Lunch Period

**Dance (PreK-1<sup>st</sup> Grades):**

If you have a child who loves to dance or would even just like to give dance a try then this class with our amazing Ms. Warkenda is the class for them. Her heart-felt philosophy is that everyone is a dancer, it is just that some people haven't realized it yet. The students will work within the art of different dance music and movement to build strength, confidence, and a love of dance. An introduction into dance history and vocabulary is also presented in each session. Students should come prepared to dance and have a water bottle with them. An end of the unit presentation will be presented by the students at the end of each session to show what they have learned.

**NOTE: THIS IS A SESSION-BY-SESSION CLASS (can be taken for 1, 2 or 3 sessions).** It is still to be determined which dance form (jazz, modern, ballet, lyrical, etc) will be offered each session.

Instructor: Warkenda Williams-Casey  
Enrollment: Minimum 5 students and Maximum 16 students  
Class Time: 11:50-12:20 pm (lunch period)  
Cost: \$7 per student, per class  
(\$70 for a 10 week session and \$56 for an 8 week session)

## 12:30-1:20 pm - 4<sup>th</sup> Period

### **Art - Handicrafts (K-2<sup>nd</sup> Grades):**

God gave us hands so that we could CREATE, just like Him. In this class we focus on skills through various projects. Not only are the projects meaningful and fun, but they help develop fine motor skills which stimulate and increase control of cognition. This leads to better performance in math, reading, and other subjects. All supplies are provided and each week I will also have optional kits available to further practice the skill at home. You can view my website at [www.handmeacraft.com](http://www.handmeacraft.com) for examples of the types of handicrafts we'll explore, including: Needle Felting, Sewing, Bead Work, Calligraphy, Tatting, Weaving, Batik & more!

Instructor: Randi Marchant

Enrollment: Minimum 6 students and Maximum 15 students

Class Time: 12:30-1:20 pm (4<sup>th</sup> period)

Materials Fee: \$25 for the year

Cost: \$8 per student, per class

(\$80 for a 10 week session and \$64 for an 8 week session)

## 1:30-2:20 pm - 5<sup>th</sup> Period

### **Physical Education (K-2 Grades):**

This class will focus on skill development through games and activities that promote cooperation and teamwork.

**NOTE: THIS IS A SESSION-BY-SESSION CLASS (can be taken for 1, 2 or 3 sessions).**

Instructor: Diane Flanscha

Enrollment: Minimum 5 students and Maximum 12 students

Class Time: 1:30-2:20 pm (5<sup>th</sup> period)

Cost: \$6.50 per student, per class

(\$65 for a 10 week session and \$52 for an 8 week session)

## 2:30-3:20 pm - 6<sup>th</sup> Period

### **Math – A Waldorf Inspired Intro (K-3 Grades):**

This class is for children, grades K-3, who are just being introduced to math concepts, or who have been introduced, but would benefit from a holistic review. The Waldorf educational philosophy nurtures the child's whole self, and this approach to mathematics will involve active games (bean bag tossing, skipping rope, rhythmic clapping, and singing) as well as art-making, while covering basic number sense, the four processes, and Roman numerals. Each child will make a lesson book throughout the course, which I will compile and bind, that can be added to their year end portfolio, and can also serve as a review book for the concepts covered in the class. The materials fee covers natural art supplies such as modeling beeswax, drawing paper and beeswax crayons, worksheet

copies, and other materials, which will come home with the children as useful projects.

Instructor: Valerie Soles

Enrollment: Minimum 4 students and Maximum 10 students

Class Time: 2:30-3:20 pm (6<sup>th</sup> period)

Materials fee: \$25 for the year

Cost: \$7 per student, per class

(\$70 for a 10 week session and \$56 for an 8 week session)

**Mommy & Me Relax Together – for Mom/Dad/Grandma! and your little one (PreK-3<sup>rd</sup> Grades):**

Recent research shows that stress is a leading cause of a myriad of health problems. Learning proven relaxation skills at a young age teaches your child one of the most valuable life lessons they can learn! Spend time together learning cool down techniques that you can do together! We'll learn fun exercises in breathing for relaxation, tapping for strong feelings, fun and spontaneous movement, simple meditation, and mindfulness. Each class will have greeting time, warm up time, brief instruction, and then time for caregivers to relate directly with their own children. Share the class with up to 3 of your 4-8 year old children, as long as you feel you can meaningfully connect with all at once. The methods do not adhere to any particular religious belief and can be integrated easily into your own spiritual framework.

Instructor: Mary Kalbach

Enrollment: Minimum 6 caregiver/student pairs and Maximum 15 caregiver/student pairs

Class Time: 2:30-3:20 pm (6<sup>th</sup> period)

Materials fee: \$15 for the year

Cost: \$7.50 per caregiver/student pair

(\$75 for a 10 week session and \$60 for an 8 week session, +\$10 for additional children per session)