

**Texas A&M-Commerce University**  
**Outdoor Adventure**  
**Medical Information Form**

Please return form to: Group Leader: *The information on this form will help the facilitator(s) leading the group to ensure that they are aware and prepared to respond appropriately, if the need arises. Information requested on this form will be kept confidential.*

**Name of Group:** \_\_\_\_\_

**Date(s) & Time-frames:** \_\_\_\_\_

Participant's Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Weight: \_\_\_\_\_

Address: \_\_\_\_\_ Home #: \_\_\_\_\_ Work #: \_\_\_\_\_

Organization: \_\_\_\_\_ Gender: M or F

Emergency Contact Person's Name: \_\_\_\_\_ Relationship to Participant: \_\_\_\_\_

In case of emergency, contact #: \_\_\_\_\_

**Participant's Medical History:**

1.) Are you presently under a doctor's care? **Yes or No** *If yes, please describe condition:* \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

2.) **Do you have? Yes or No**

A. Asthma: \_\_\_\_\_

B. History of heart disease, heart problems,  
and/or high blood pressure: \_\_\_\_\_

C. Any type of seizure disorder: \_\_\_\_\_

D. History of anaphylaxis: \_\_\_\_\_

E. Diabetes: \_\_\_\_\_

F. Any limiting physical disabilities or  
handicap (temporary or permanent):  
\_\_\_\_\_

If yes, please give us additional information: \_\_\_\_\_

3.) Are you presently on medication? **Yes or No** *If yes, please list the medication(s) and the reason for its use:*

4.) I certify that the following health/accident insurance company covers the participant.

Company's Name: \_\_\_\_\_ Policy #: \_\_\_\_\_