Dear Parent or Guardian:

Your child will be participating in a variety of climbing wall activities. Indoor rock climbing is one of the fasted growing physical activities today. It simultaneously develops coordination, strength, flexibility and cardiovascular fitness. Additionally, important life skills like problem solving, goal setting, perseverance, inner confidence and patience will be learned.

We are using a traverse climbing wall to host these exciting activities. At its highest point, the wall measures eight/ten feet high. Participants climb horizontally (traverse) across the wall and their feet should never be higher than 36”/42” from the safety mats. Your child will be taught safety rules and will always climb under the careful supervision of an adult instructor.

In order for your child to be a part of these activities, I am asking that you sign the permission form below. This release must be returned and is required for participation.

Should you have any questions regarding this exciting educational opportunity, please do not hesitate to contact me!

Sincerely,

Amazing Before & After Program Administration

**CLIMBING WALL PERMISSION TO PARTICIPATE**

Students’ Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ School/Grade: \_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (child’s name) has my permission to participate in the climbing wall activities. I understand that this activity involves some risk of injury and I will stress the importance of following the climbing wall rules when we discuss this activity at home.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_

(Signature of parent/guardian) (Date)