## CHSA Coaching Participation Guidelines & Requirements

**Mission** – To support families in training homeschooled students to successfully participate in a competitive athletic environment. We will foster athletic teams that manifest the Fruits of the Spirit on and off the court.

**Vision** – CHSA will sustain a competitive athletic environment where athletes can thrive physically, mentally and spiritually.

## What we value - CHRIST

Character: Galatians 5:22

<u>H</u>umility: Recognizing that our worth is a gift of grace (Philippians 2:3)

Righteousness: Always doing was is right (Joseph)

<u>Integrity</u>: Above reproach in all things we do (Proverbs 20:7) <u>S</u>teadfastness: Discipline to train and study throughout the year

<u>Team</u>: Realizing the part that others and we play on the team (body of Christ)

**How we do things** – We do everything as if unto the Lord.

Committedly: In all games and practices, we play as if unto the Lord

<u>H</u>ustle: In every drill, practice and game, we give that extra effort

**R**esilience: We are confident and positive regardless of the score of the game or skill of our opponent

Intensity: We play with all our mind, body and soul in practice and games

Selflessness: We look to develop those around us

 $\underline{\mathbf{T}}$ eam: We realize the part that others and we play on the team

## Standard behaviors for all teams -

All games and practices will have a time of prayer.

All teams will have a time for devotions during the year.

All teams will participate in scripture memorization.

All discipline will be consistent with Matthew.

Playing Time/Starters/Varsity — Three things that are important to every competitive player are playing time, starting, and making the varsity team. These are the most difficult things for coaches to manage, and each coach has a different philosophy about how to do this. Head coaches for a given age group (i.e., BV, BJV, B14U, B12U/B10U) will give a written description of their philosophy to the parents as well as provide a copy to the head of Boys/Girls basketball.

General guidelines for coaches to think about when developing their philosophy statement:

- CHSA is a competitive league. No playing time is guaranteed. No guarantee that a player will make a particular team at a certain age. No guarantee that a player will ever start a game.
- Coaches will consider attitudes along with skill to evaluate players in determining how the players are used. Attitude includes hustle, communications, demonstrating values, and being respectful to coaches, referees, teammates and other players.

## CHSA Coaching Participation Guidelines & Requirements

**Roles** – At the beginning of the season, coaches will have determined each player's strengths and areas for improvement, along with roles. Coaches will meet with each player within three weeks from the start of the season to discuss their strengths, areas for improvement, and role on the team. Roles will include: shooters, players who can drive, rebounders, and defensive specialists. Every player should fully understand all of these roles. The player's role will be determined by, but not limited to, their skill, physical attributes (height, weight, quickness, speed, etc.), ability, communication skills, coach-ability, thinking on their feet, team make-up, attitudes, and ability to adapt.

**Team Captains** – Referees will ask for team captains before each game (usually 1 or 2 players). They are to represent the team to the referees. We take this position very seriously. We expect this player(s) to best represent the core values of CHSA - not necessarily the best-skilled or most-popular player(s).

Final selection of team captains is the **decision of the coach**. This can be a rotating role where a different captain(s) can be chosen for different games. Two methods for selection have been used effectively, but it is still up to the coach for the final decision.

- Have other players vote (secret ballot) on the player(s) they would like as team captains. Having the coach explain the expectations, role, and character required for the position is critical to this process.
- Have coach choose the best candidate(s) based on what they see at practices prior to a game. The role of the coach is to see what the team and players need, and in some cases you may choose a player as captain because you see God using that as a development tool. You may want to honor a player. Your team may need a leader. Whatever method is used, the coach is responsible at the beginning of the season to have their method distributed in writing to the players with copies to the Head of Boys/Girls basketball to assure players

Coaches' Education – We support our coaches in being students of the game and learning from each other and books, videos and clinics. CHSA always encourages our coaches to read, learn and improve their knowledge not only on the sport they are coaching, but also in the grace and knowledge of our Lord and Savior, Jesus Christ. We also encourage coaches to communicate with other coaches about any insights or tools they discover as they go through the season.

**Head Injuries** – Coaches will follow concussion protocol and require a doctor release with concussions.

**Accountability** – Coaches shall not travel or meet alone in a room with a player or parent. Always remain in open spaces or ask another coach to sit in so that we might be above reproach in appearance. Coaches will be required to submit to background check before serving in the coaching role.

are aware of the method being used.