

A Block 9:00-10:00 AM	B Block 10:00-11:00 AM	C Block 11:00-12:00 PM
Lambs 0 year olds	Lambs 0 year olds	Lambs 0 year olds
Turtles (1-3 year olds) Toddler class	Turtles (1-3 year olds) Toddler class	Turtles (1-3 y/o) Toddler class
Tigers (3-5 year olds) lessons, crafts, stations, songs	PE - Tigers (3-5 year olds) Play, move, games	Tigers (3-5 year olds) lessons, crafts, stations, songs
Lions (5-6 year olds) lessons, crafts, stories	PE - Lions (5-6 year olds) Play, move, games	Lions (5-6 year olds) stations and hands on activities
PE: It's All Fun & Games (6 y/o to 8 y/o) Indoor exercise and group PE games	Every Child is an Artist (6 y/o to 8 y/o) Study famous artists and try artwork pertaining to artists	Famous Works of Art with Legos (6 y/o to 9 y/o) Study famous works of art and make replicas out of Legos
Seussical Delightful Doodles: (6 y/o to 8 y/o) Listen to Dr. Seuss books, learn to draw a Dr. Seuss-like creation, sharpie and watercolor	Kitchen Science (6 y/o to 8 y/o) Science experiments using kitchen items / ingredients	Pinterest: Find or Fail - Candy (6 y/o to 10 y/o) Test out Pinterest candy recipes to see if they are a "find" or a "fail."
Fearfully and Wonderfully Made (6 y/o to 10 y/o) Learn about the body - build a cell, spinal column, dissect an eye and more... Then make shrinky dink replicas of each body system	Geology Rocks! (6 y/o to 10 y/o) How do rocks form? What types of rocks are in the earth? How do we protect buildings against earthquakes? This is about all things GEOLOGY.	Ears on History (6 y/o to 10 y/o) Listen to audio CDs with stories about different periods of history. Build and create models to go with the stories.
Creative Imaginations (6 y/o to 10 y/o) Improv theater - learn to use your body, facial expressions and props	Music and Memory (6 y/o to 12 y/o) Memorize songs to learn the presidents, capitals, planets and more!	Sign Language (6 y/o to 12 y/o) Learn basic sign language. Be able to sign a Bible verse by the end of this session.

<p>All Things Charlotte's Web (8 y/o to 11 y/o) Read through Charlotte's Web while doing fun projects along the way!</p>	<p>Road Trip Across America (8 y/o to 11 y/o) Take a road trip across America, learning about states, testing foods and learning about US landmarks.</p>	<p>PE: Let's Move It, Move It! (8 y/o to 10 y/o) Exercise and play indoor PE games with friends.</p>
<p>Let's Get Physical (8 y/o to 13 y/o) Outdoor exercise - run a mile, build obstacle courses, play Capture the Flag... and more!</p>	<p>Party Games (9 y/o to 11 y/o) Taboo, Guesstures, Scattergories... play group games with friends</p>	<p>Stitches (9 y/o to 18 y/o) Learn to knit or continue practicing knitting of a variety of projects.</p>
<p>BizTown (Part 2 of 2) (9 y/o to 14 y/o) Jr. Achievement - learn to run a business, interview and take a job - all with the end result to get to BizTown in Portland and run the town for a day.</p>	<p>Sugar Cookie Decorating (9 y/o to 12 y/o) Learn many different techniques for decorating cookies.</p>	<p>Upcycled Crafts (10 y/o to 14 y/o) Make crafts out of recycled goods.</p>
<p>National Parks (10 y/o to 13 y/o) Take a trip to many National parks around the US. What will you see there? When did they become National Parks?</p>	<p>Famous Works of Art with Legos (10 y/o to 13 y/o) Study famous works of art and make replicas out of Legos.</p>	<p>Mashoonga (10 y/o to 18 y/o) Foam sabers, respect, strategy... and tournaments!</p>
	<p>Lights, Camera... Drama! (10 y/o to 14 y/o) Learn the basics of drama - perform to a song.</p>	<p>Strategic Games (11 y/o to 14 y/o) Settlers of Catan, Ticket to Ride, Stratego, and more - all strategy games!</p>
<p>Sugar Cookie Decorating (12 y/o to 18 y/o) Learn many different techniques for decorating cookies.</p>	<p>Minute To Win It (13 y/o to 18 y/o) Each week we'll do minute-to-win-it games!</p>	<p>Art with a Purpose (11 y/o to 18 y/o) Art projects based on Scripture</p>
<p>Study Hall (12 y/o to 18 y/o) Bring your schoolwork and take time to get it done.</p>	<p>It's Your Life! (14 y/o to 18 y/o) What do you want to do? Who will you strive to be?</p>	<p>3... 2... 1... Lift Off!!! (12 y/o to 18 y/o) Model rocketry - learn the basics of building rockets. Then build and launch one of your own!</p>
<p>Current Events and Politics (13 y/o to 18 y/o) Learn about current events and how they affect us. Learn to have an opinion, have a logical discussion, disagree and more!</p>		<p>Worship Team (14 y/o to 18 y/o) Practice to be ready for worship. You will lead chapel each week.</p>
<p>Teen Helper 12 y/o to 18 y/o Help in classes.</p>	<p>Teen Helper 12 y/o to 18 y/o Help in classes.</p>	<p>Teen Helper 12 y/o to 18 y/o Help in classes.</p>

A Block 9:00-10:00 AM	B Block 10:00-11:00 AM	C Block 11:00-12:00 PM
<p>Lambs (Infants - birth years 2016 or 2017)</p>	<p>Lambs (Infants - birth years 2016 or 2017)</p>	<p>Lambs (Infants - birth years 2016 or 2017)</p>
<p>Turtles (birth years 2014 or 2015)</p>	<p>Turtles (birth years 2014 or 2015)</p>	<p>Turtles (birth years 2014 or 2015)</p>
<p>Tigers (birth year 2013)</p>	<p>PE for Tigers Play, move, games</p>	<p>Tigers (birth year 2013)</p>
<p>Lions (birth years - born after Sept. 1, 2011 or anytime in 2012)</p>	<p>PE for Lions Play, move, games</p>	<p>Lions (birth years - born after Sept. 1, 2011 or anytime in 2012)</p>
<p>PE: Duck, Duck...Run! (6 y/o to 8 y/o) Exercise and group PE games</p>	<p>Art Factory 6-8 (6 y/o to 8 y/o) Learn about different artists and model their work</p>	<p>Pop Fizz Kitchen Science (6 y/o to 9 y/o) Science using kitchen items</p>
<p>Ways We Move From Here to There (Legos) (6 y/o to 9 y/o) Learn about different ways of transportation and build with Legos</p>	<p>To Infinity and Beyond (6 y/o to 8 y/o) Space science</p>	<p>The Very Hungry Artist (6 y/o to 10 y/o) Read books by Eric Carle and model his type of artwork</p>
<p>All About Horses (6 y/o to 10 y/o) Learn about horses and end with a field trip!</p>	<p>Cookies Around the World (6 y/o to 10 y/o) Take a trip to a different country each week to bake a cookie from that country</p>	<p>Cookies Around the World (6 y/o to 10 y/o) Take a trip to a different country each week to bake a cookie from that country</p>
<p>Creative Cooking (7 y/o to 10 y/o) Build different fun snacks in the kitchen</p>	<p>Games Galore (7 y/o to 10 y/o) Play board games - group and 2-person games</p>	<p>PE: Let's Move It, Move It! (8 y/o to 10 y/o) Exercise and group PE games</p>
<p>Art Factory (8 y/o to 11 y/o) Learn about different artists and model their work</p>	<p>You Did WHAT, Mr. President? (8 y/o to 12 y/o) Memorize the Presidents as you learn unique and little known facts</p>	<p>Narnia (8 y/o to 13 y/o) Take a trip to Narnia as you understand the characters and other fun parts of Narnia</p>
<p>Let's Get Physical (8 y/o to 18 y/o) Outdoor PE - run, stretch, compete in American Ninja Warrior or obstacle courses</p>	<p>Book Bonanza (8 y/o to 13 y/o) Make all sorts of creative books - all bound different ways</p>	<p>Choir - D Block 12:30-1:30 PM (12 y/o to 18 y/o) Learn songs to perform at Open House, vocal techniques, working together as a choir</p>

<p>Stitches (9 y/o to 18 y/o)</p> <p>Knitting - learn to knit a project depending upon your knitting skills - beginning to advanced</p>	<p>Dance Like David Did (9 y/o to 18 y/o)</p> <p>Learn the steps to Messianic Jewish dances</p>	<p>Farm to Table (10 y/o to 14 y/o)</p> <p>Milk a cow and goat, test different foods as you learn where your food comes from</p>
<p>Sugar Cookie Decorating (10 y/o to 18 y/o)</p> <p>Learn techniques of cookie decorating. Take home cookies as you finish them!</p>	<p>Ways We Move From Here to There (Legos) (10 y/o to 13 y/o)</p> <p>Learn about different ways of transportation and build with Legos</p>	<p>3, 2, 1... Lift off! (Model Rocketry) (10 y/o to 18 y/o)</p> <p>Build a model rocket as you learn about model rocketry</p>
<p>STEM Fun (11 y/o to 14 y/o)</p> <p>Complete a different science, technology, engineering or math challenge each week</p>	<p>Blackout Poetry and Illustration (11 y/o to 14 y/o)</p> <p>Black out words to create art and poetry</p>	<p>Drama (11 y/o to 15 y/o)</p> <p>Learn about stage movement, memorize parts and perform a drama</p>
<p>Discover Art Mediums (12 y/o to 18 y/o)</p> <p>Learn about different mediums and techniques used by artists</p>	<p>STEM Fun! (12 y/o to 15 y/o)</p> <p>Complete a different science, technology, engineering or math challenge each week</p>	<p>Creative Photography (12 y/o to 18 y/o)</p> <p>Learn the basics of photography and take photos</p>
<p>Farm to Table (14 y/o to 18 y/o)</p> <p>Milk a cow and goat, test different foods as you learn where your food comes from</p>	<p>Yearbook 2017-18 FULL YEAR CLASS (14 y/o to 18 y/o)</p> <p>Work on a yearbook for Sonrise. Take photos and do layouts.</p>	<p>Blackout Poetry & Illustration (13 y/o to 18 y/o)</p> <p>Black out words to create art and poetry</p>
<p>Worship Team (14 y/o to 18 y/o)</p> <p>Practice to lead worship during chapel each week</p>	<p>Five Love Languages (14 y/o to 18 y/o)</p> <p>Learn about the five love languages and do activities with other teens</p>	<p>7 Habits (14 y/o to 18 y/o)</p> <p>What habits make a successful person?</p>
<p>Teen Helper (12 y/o to 18 y/o)</p> <p>Help in a class</p>	<p>Teen Helper (12 y/o to 18 y/o)</p> <p>Help in a class</p>	<p>Teen Helper (12 y/o to 18 y/o)</p> <p>Help in a class</p>