

SHINE DRESS CODE

2023-2024

General Guidelines:

- Please use common sense to make sure clothing is appropriate for the activities you or your students are participating in.
- Make sure to check to see how your clothing covers you in active movements before leaving the house; bending, jumping, leaning, etc. may be necessary for the event..
- Some events may specify additional rules as required by the facility or activity.
- If in doubt, DON'T wear it.
- SHINE members who are not dressed appropriately will be written up and/or sent home to change into more appropriate clothing.

Basic Dress Guidelines:

- No camisole tank tops worn alone. They must be covered by an appropriate shirt.
- No clothing with alcohol, drugs, profanity, or biblically inappropriate items (words, pictures, etc) are allowed
- No strapless shirts, leotards, unitards, bathing suits, or see-through clothing are allowed.
- Sleeveless shirts/tank tops with wide straps that cover the shoulder with at least 3 fingers width of material is okay.
- No cleavage showing in shirts/blouses/dresses from any angle.
- No short shorts or skorts. They must be longer than your fingertips when your arms are straight at your sides. Any rips in distressed jeans should also fall below the fingertips when standing with your arms at your sides.
- Dresses and skirts need to be knee length. If they are shorter than knee length, they should be worn with leggings or shorts that are at fingertip length.
- Spandex and skin-tight leggings - A shirt must be worn long enough to cover your backside.
- No bare midriff.
- No under clothing showing...underwear, boxers, bras, etc.
- Clothing may not be overly distracting or interrupt classes/events being conducted.

Swimwear Guidelines:

- No underwear showing.
- No thong style bottoms
- **Females:**
 - Must wear a modest swimsuit
 - No cleavage showing
 - No midriff showing
 - May wear a shirt, tank top, and/or shorts to provide the modesty needed.
- **Males:**

- No speedo-style bottoms
- Must have midriff covered with a tank top or t-shirt

Spring Ball and Graduation Guidelines:

- No theme dressing. The theme chosen for the ball each year is for decorating purposes only.
- **Males:**
 - Must wear a collared shirt and tie with dress slacks
 - A jacket is not required, but some fashionable gentlemen enjoy wearing one.
 - Dress shoes are encouraged, but not required to attend. Wearing casual shoes is okay.
- **Females:**
 - Formal gowns that are allowed may be strapless, spaghetti strap type, and semi-open back gowns.
 - Backless dresses must be no lower than the middle of your back as measured from the nape of your neck. (Example: Start measuring from where the collar of a t-shirt starts to the waistline of the top of your jeans.)
 - For all dresses, the hemline and slits must be **no higher** than 1 inch from the top of the knee cap.
 - The fabric of the dress must be a solid fabric. Having a see-through fabric will not count towards the measurement of the guidelines. For example, see-through lace, chiffon, tulle, etc.
 - For any dress worn to the ball, no cleavage can be shown from any angle. A great rule of thumb when trying on dresses is to bend forward at the waist in front of a mirror.
 - Dressy pants or slacks can be worn, however, no jeans or leggings.
 - No bare midriff.
 - Dress shoes are encouraged, but not required to attend. Wearing casual shoes is okay.
 - If you would like to have your dress pre-approved; send a picture of the front, back, and side of your dress to teen.shinehomeschool@gmail.com no more than 2 weeks before the Spring Ball.